

Sekali Ini Saja

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2
編舞者: Poppy Yusmeida (INA) - April 2020
音樂: Sekali Ini Saja - Glenn Fredly



"I Present This Choreo As A Tribute To Glenn Fredly Who Has Just Passed Away"

Intro : 16 Counts No Tag, No Restart

(1-8) R Big Step, Weave, Recover, Side, Cross, Serpentine Weave, ¼ L Turn

- 1 Big Step Rf To R Side
- 2 & 3 Cross Lf Behind Rf, Step Rf To R Side, Cross Lf Over Rf
- 4 & 5 Recover On Rf, Step Lf To L Side, Cross Rf Over Lf, While Prep, Lf Sweep From Back To Front
- 6 & 7 Cross Lf Over Rf, Step Rf To R Side, Cross Lf Behind Rf, While Prep, Rf Sweep From Front To Back
- 8 & Cross Rf Behind Lf, ¼ L Turn By Steppin Lf Fwd (09.00)

(9-16) Step Fwd, Chase Turn ½ R, Step Fwd, ¼ L Turn, Cross, Hinge Turn ½ R, Point, Touch

- 1 Step Rf Fwd
- 2 & 3 Step Lf Fwd, ½ R Turn By Recover On Rf (03.00) Step Lf Fwd
- 4 & 5 Step Rf Fwd, ¼ L Turn By Recover On Lf (12.00), Cross Rf Over Lf
- 6 & 7 ¼ R Turn By Stepping Back On Lf (03.00), ¼ R Turn By Stepping Rf To R Side (06.00), Cross Lf Over Rf
- 8 & Point Rf Toe To R Side, Touch Rf Toe Next To Lf

(17-24) R Big Step, Nc Basic, ¼ L Turn, Mambo, Sweep, Sweep, Recover, ½ L Turn

- 1 Big Step Rf To R
- 2 & Cross Slightly Lf Behind Rf, Cross Rf Over Lf
- 3 ¼ L Turn By Stepping Lf Fwd (03.00)
- 4 & 5 Step Rf Fwd, Recover On Lf, Step Rf Back While Prep. Sweep Lf From Front To Back
- 6 7 Step Back On Lf While Prep. Sweep Rf From Front To Back, Step Back On Rf
- 8 & Recover On Lf, ½ L Turn By Stepping Back On Rf (09.00)

(25-32) Back, Run R-L-R, Hitch, Step Back, ¼ L Turn, Sway R-L, Rock Fwd, Recover

- 1 Step Back On Lf
- 2 & 3 Run Fwd R-L-R, While Hitch On Lf
(Styling: Sweep Both Arms Fwd As You Hitch)
- 4 & 5 Step Back On Lf, Step Back On Rf, ¼ L Turn By Stepping Lf To L Side
- 6, 7 Hip Sway To R, Hip Sway To L
- 8 & Step Rf Fwd, Recover On Lf

Please Enjoy The Dance...