If You Need Me..., Call me



拍數: 32 牆數: 2 級數: High Intermediate

編舞者: Joke Mozes (NL) & John Warnars (NL) - April 2020

音樂: After All - if You Need Me



intro 16 counts (slow). Info: No tags/restarts. Dance started on word "If you NEED me"

L Side step, Sailor step, Cross behind, 1/2 R fwd, 2 Steps back, Coaster Cross,, Scissor step;

- 1 LF step to left side 2 RF cross behind LF & LF small step to left 3 RF small step to right 4 LF cross behind RF
- & RV ¼ turn right [3], step forwards
- a LF step back
 5 RF step back
 6 LF step back
 & RF close next LF
- 7 LF across step over RF
- 8 RF step to right& LF close next RF
- a RF across step over LF

L Side step, Cross behind, Side step, Cross Rock, Recover, R Side step, Across step, ¼ L Back & Sweep, Cross behind, Side step, Across step, & Sweep, Across step, Side step, Cross behind;

- 1 LF big step to left 2 RF cross behind LF
- & LF step to left
- 3 RF rock across LF
- 4 LF recover
- & RF step to right a LF across step or
- a LF across step over RF
- 5 RF ¼ turn left [12], step back and LF sweep backwards
- 6 LF cross behind RF & RF small step to right
- 7 LF aross step over RF and RF sweep forwards
- 8 RF across step over LF & LF small step to left a RF cross behind LF

Rock/Lunge L Side, ¼ R Recover, ½ R Back, Back, Coaster Cross, Across step, ½ L Side step, Back, Back, ¼ L Side step, Across step;

- 1 LF rock/lean to left (Lunge)
 2 RF ¼ turn right [3], recover
- & LF ½ turn right [9], step back
- 3 RF step back4 LF step back
- & RF close next LF
- a LF across step over RF
- 5 RF step diagonal right forwards [10:30]
- 6 LF across step over RF

- & RF 1/2 turn left [9], step to right
 LF step back
 RF step back
 LF 1/2 turn left [6], step to left
 RF across step over LF
- L Side step, Cross behind, ¼ L fwd, ½ L Back & Sweep, Sailor cross ¼ L, Side step & Drag, Sailor step, Sailor cross;
- LF big step to left 1 2 RF cross behind LF & LF 1/4 turn left [3], step forwards 3 RF ½ turn left [9], step backwards and LF sweep backwards 4 LF cross behind RF & RF small step to right LF 1/4 turn left [6], across step over RF а 5 RF big step to right, LF drag next/by 6 LF cross behind RF
- & RF small step to right

 From the small step to left

 RF cross behind LF

 RF cross behind LF

 LF small step to left

 RF across step over LF
- 1 LF start again...

Finish dance, at wall 6, on count 5 of section 4! (1, 2&3, break..., 4 & a 5, on thewords; where i belong >>>slow counting<