

Queen Of Disaster

拍數: 64 牆數: 4 級數: Easy Intermediate
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音樂: Queen Of Disaster - Lana Del Rey



Intro: 2X8 count

Section 1: Side, Chasse, Rock, Chasse

1 2 Step R to R Side, Step L Beside R
3&4 Step R to R Side, Step L Beside R, Step R to R Side
5 6 Cross L Over R, Recover on R
7&8 Step L to L Side, Step R Beside R, Step L to L Side

Section 2: Toe Strut 4X

1 2 Step Touch Forward on R with Hips Up , Heel drop on R with Hips Down
3 4 Step Touch Forward on L with Hips Up, Heel drop on L with Hips Down
5 6 Step Touch Forward on R with Hips Up, Heel drop on R with Hips Down
7 8 Step Touch Forward on L with Hips Up, Heel drop on L with Hips Down

Section 3: Forward, Chasse Turn, Pivot, Lock Shuffle Forward

1 2 Step Forward on R, Recover on L
3&4 1/4 Turn R Step R to R Side, Step L Beside R, 1/4 Turn R Step Forward on R
5 6 Step Forward on L, 1/2 Turn R Step R in place weight on R
7&8 Step Forward on L, Step Forward on R Behind L, Step Forward on L

Section 4: Forward, Cross Shuffle, Side, Sailor Step Forward

1 2 Step Forward on R, 1/4 Turn L Step L in place L Weight on L
3 & 4 Cross R Over L, Step L to L Side, Cross R Over L
5 6 Step L to L Side, Recover on R
7&8 Cross L Behind R, Step R Beside L, Step Forward on L

Section 5: Diagonal Forward, Diagonal Lock Forward,

1 2 Step Forward Diagonal R , Step Forward on L Behind R
3&4 Step Forward on R, Step Forward on L Behind R, Step Forward on R
5 6 Step Forward Diagonal L, Step Forward on R Behind L
7&8 Step Forward on L, Step Forward on R Behind L, Step Forward on L

Section 6: Charleston Step

1 2 1/8 Turn R Touch Forward on R, Step Back on R
3 4 Touch Back on L, Step Forward on L
5 6 Touch Forward on R, Step Back on R
7 8 Touch Back on L, Step Forward on L

Section 7: Pivot, Walk, Side, Triple Step

1 2 Step Forward on R, 1/2 Turn L Step L in place weight on L
3 4 Step Forward on R, Step Forward on L
5 6 Step R to R Side, Recover on L
7&8 Step R Beside L, Step L Beside R, Step R Beside L

Section 8: Side, Triple Step, V Step, Centre

1 2 Step L to L Side, Recover on R
3&4 Step L Beside R, Step R Beside L, Step L Beside R

5 6 Step out on R, Step Out on L
7 8 Step R to Centre, Step L Beside R

Note

Restart 1: On wall 3 after 8 Counts

Restart 2: On Wall 5 after 56 Counts

Last up date 12/05/2020

Enjoy Your Dance

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Last Site Update – 14 May 2020
