

# Sekali Ini Saja

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Mei Lestari (INA) - April 2020  
音樂: Sekali Ini Saja - Glenn Fredly



Intro 16 counts  
NO TAG NO RESTART !!!

## I. ROCK FORWARD, RECOVER, ½ TURN R, ½ TURN R, SWEEP, BEHIND-SIDE-CROSS, RECOVER, ¼ TURN R, FULL TURN TO L

1,2&      Rock RF forward, recover on LF, ½ turn R step RF forward  
3,4&      Make ½ turn R step LF back sweep RF from front to back, cross RF behind LF, step LF to L  
5,6&      Cross RF over LF, recover on LF, ¼ turn R step RF forward  
7,8&      Step LF forward, ½ turn L step RF back, ½ turn L step LF forward

## II. ROCK FORWARD, RECOVER, ¼ TURN R, CROSS, ¼ TURN L STEP BACK, ¼ TURN L TOGETHER, STEP FORWARD, SPIRAL, ROCK FORWARD, RECOVER

1,2&      Rock RF forward, recover on LF, ¼ turn R step RF to R  
3,4&      Cross LF over RF, ¼ turn L step RF back, ¼ turn L close LF next to RF  
5,6      Step RF forward, step LF forward  
7,8&      Make a full turn to R with weight on LF, rock RF forward, recover on LF

## III. STEP BACK, COASTER CROSS, ¼ TURN L COASTER STEP, STEP FORWARD, RECOVER WHILE LIFTING, STEP BACK, TOGETHER

1,2&      Step RF back, step LF back, close RF next to LF  
3,4&      Cross LF over RF, ¼ turn L step RF back, close LF next to RF  
5,6      Step RF forward, step LF forward  
7,8&      Recover on RF while lifting LF forward, step LF back, close RF next to LF

## IV. ROCK FORWARD, RECOVER, SWEEP, STEP BACK, SWEEP, COASTER STEP, CROSS, SIDE, 1/8 TURN L STEP BACK, SWEEP, BACK, 1/8 TURN L STEP TOETHER

1,2      Rock LF forward, recover on RF sweep LF from front to back  
3,4&      Step LF back sweep RF from front to back, step RF back, close LF next to RF  
5,6&      Step RF forward, cross LF over RF, step RF to R  
7,8&      Make 1/8 turn L step LF back sweep RF, step RF back, 1/8 turn L close LF next to RF

Special thanks to GLENN FREDLY for making this beautiful song...