

Legwerk

拍數: 32 牆數: 4 級數:
編舞者: Big Mucci (USA) - April 2020
音樂: Legwerk (feat. Big Mucci) - ENT DISTRIKT



Start dance after 32 counts

[1-8] Touch Forward, Together, Side Together and Slide

- 1&2&3,4 Touch right foot forward, touch right foot back to left, step right to the side, touch right foot back to left, step right to the side, and slide left foot to the right.
- 5&6&7,8 Touch left foot forward, touch left foot back to left, step left foot to the side, touch left foot back to right, step left foot to the side and slide right foot to the left.

[9-16] Reverse Step Touches and Forward Walk

- 1-4 Step back with right foot, tap left foot to right, step back with right foot, tap right foot to left
- 5-8 Step forward with right foot, step forward with left foot, step forward with right foot beside left, hold for 3,4 count and clap twice.

[17-24] Rocking Cha Cha's with Step Turn

- 1-4 Step right foot forward 1, rock back on left foot 2, turn right 180° and cha cha or shuffle 3&4
- 5-8 Step left foot forward 5, rock back on right foot 6, turn left 180° and cha cha or shuffle 7&8

[25-32] Kick Steps, Left Turn and Walk Backs

- 1&2&3,4 Kick right foot up and tap on heel 1, touch right foot back to left &. Kick left foot up and tap on heel 2, touch left foot back to right &. Step forward on the right foot 3 and do ¼ turn left 90° and bring left foot to the right 4
- 5-8 Walk back with right foot 5, left foot 6, right foot 7, bring left foot beside right 8

Repeat to completion of music

Step sheet written by Bubba Carl Williams
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<https://www.youtube.com/user/BallroomDanceBuff>