DoDoDo Dooo

拍數: 64

級數: Phrased Intermediate

編舞者: Britt Beresik (USA) - April 2020

音樂: Semi-Charmed Life - Third Eye Blind

Part A-16 counts, Part B- 32 counts, Tag - 16 counts AB Tag, B, AB Tag, BBB Tag, BBB- Tag, AAA Ending

#16 count intro.

alt. music - Two Princes by Spin Doctors (note different phrasing AB Tag, B, Tag+, BB Tag++, B, Tag++, BBB AAA... +=extra jazz box)

PART A "Do-Do-Do, DoDoDo Dooo" 16 Counts

[1-8] R Kick & L Rock, L Kick & R Rock, R Cross Hops, Step, Heel Toe Heel

- 1&2& Kick R, Step R next to L, Rock L to L side, Recover R [12:00]
- 3&4& Kick L, Step L next to R, Rock R to R side, Recover L
- 5&6& (5) Cross R over L, (&6) 2 Hops on R traveling to the L side, (&) Step L to L side with slight bend in both knees
- Gradually straighten knees (7) Twist R heel toward L, (&) Twist R toe toward L, (8) Twist R 7&8 heel toward L taking weight on R and ending in a full stand [12:00]

[9-16] L Kick & R Rock, R Kick & L Rock, L Cross Hops, Hip Bumps R-L

- Kick L, Step L next to R, Rock R to R side, Recover L 1&2&
- 3&4& Kick R, Step R next to L, Rock L to L side, Recover R
- 5&6& (5) Cross L over R, (&6) 2 Hops on L traveling to the R side, (&) Step R to R side with slight bend in both knees
- 7-8 Hip bump R with weight on R foot, Hip bump L with weight on L foot [12:00]

PART B 32 Counts

[1-8] Hip & HOLD, Together, Heel Grind (hip roll), Behind, ¼L Fwd, Fwd, ½Paddle Turn R with 2 L Paddles

- 1-2 Step R to R side with Hip "Sit" (hip out to R side, L knee bent), HOLD [12:00]
- &3-4 Step L beside R, Press R Heel Grind to R side with clockwise hip roll, Recover L [angling upper body slightly to 1:30]
- 5&6 Cross R behind L, ¹/₄turnL with L Step forward, Step R forward [9:00]
- 7&8& Touch L toe forward, ¼turnR unwind with weight on R, Touch L toe forward, ¼turnR unwind with weight on R [3:00]

[9-16] 1/4 turnR L Scissor, R Scissor, Weave to L, L Side Mambo

- 1&2 With ¼turnR- Step L to L side, Step R beside L, Cross L over R [6:00]
- 3&4 Step R to R side, Step L beside R, Cross R over L
- Step L to L side, Cross R behind L, Step L to L side, Cross R over L 5&6&
- Rock L to L side, Recover R, Step L beside R taking weight on L [6:00] 7&8

[17-24] Hip & HOLD, Together, Heel Grind (hip roll), Behind, ¼L Fwd, Fwd, ½Paddle Turn R with 2 L Paddles --- a Repeat of "Part B [1-8]"

- Step R to R side with Hip "Sit" (hip out to R side, L knee bent), HOLD [6:00] 1-2
- Step L beside R. Press R Heel Grind to R side with clockwise hip roll, Recover L [angling &3-4 upper body slightly to 7:30]
- 5&6 Cross R behind L, 1/4 turnL with L Step forward, Step R forward [3:00]
- 7&8& *Touch L toe forward, ¼turnR unwind with weight on R, Touch L toe forward, ¼turnR unwind with weight on R [9:00]

*B- on Last "Part B" (9th time)- You will hear 3rd "GOODBYE!"

- change has ¹/₂Paddle Turn with 1 L Paddle instead of 2





牆數: 2

7&8 (7) Touch L toe forward, (&) ½turnR unwind with weight on R, (8) Step L forward with another ¼turnR to continue into the Tag [6:00] for 4th"GOODBYE!"

[25-32] 1/4turnR L Scissor, R Scissor, Heel Bounce & Unwind 1/2turnL

- 1&2 With ¼turnR- Step L to L side, Step R beside L, Cross L over R [12:00]
- 3&4 Step R to R side, Step L beside R, Cross R over L
- 5-8 Bounce Heels 4 times and unwind ½turnL while shifting weight to L [6:00]

TAG 16 Counts [Tag 1 & 4 go from 6:00 to 12:00; Tag 2 & 3 go from 12:00 to 6:00]

[1-8] 4xSailors with ½turnR

- 1&2 Cross R behind L, Step L to L side, Step R to R side [6:00]
- 3&4 Cross L behind R, ¼turnR with Step R to R side, Step L to L side [9:00]
- 5&6 Cross R behind L, Step L to L side, Step R to R side
- 7&8 Cross L behind R, ¼turnR with Step R to R side, Step L to L side [12:00]

[9-16] 3 Step Points, Heel Twists, Jazz Box

- &1&2 Step R beside L, Point L to L side, Step L beside R, Point R to R side
- &3 Step R beside L, Point L to L side
- &4 Twist both heels to R, Twist both heels to L shifting weight onto L
- 5-8 Cross R over L, Step L back, Step R to R side, Step L slightly forward [12:00]

ENDING:

Repeat "Part A" [1-4] but ending with a point and arms out [12:00]

- 1&2& Kick R, Step R next to L, Rock L to L side, Recover R
- 3&4 Kick L, Step L next to R, Point R to R side

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