

Bosa Nova Distancing

COPPER KNOB
BYEPOSTETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Riki Adivi - April 2020
音樂: Beshivchey Ha'Samba by Itzchak Klepter



Notes: Intro: 16 counts

Rumba Box

1-4 step L to the L, Step R next to L, Step L forward, hold
5-8 step R to the R, Step L next to R, Step R backward, hold

Fwd cross x 2, Shuffle fwd

9-12 fwd step cross L, hold, fwd step cross R, hold
13-16 Step L forward, Step R behind L, Step L forward, hold

¼ R turn Toe Strut x 2, R Rocking Chair

17-20 Touch R toe and ¼ turn R, Step R, Touch L toe, Step L
21-24 Rock R forward, Recover L, Step R backwards, Recover L

½ turn Shuffle, Sway x 2

25-28 Step R to the R, Step L next to R with ½ turn, Step R forward, hold
29-32 Step L to the L with hip to the L, hold, Step R to the R with hip to the R, hold

Music: <https://www.rokdim.co.il/#/PurchaseDance/5abd246adb5332e23c8b457c>