

How Long

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Suki Choi (KOR) & Sally Hung (TW) - April 2020
音樂: How Long - Eagles : (Ben Haynes Drum Cover)



Intro: 24 counts from heavy beats

Tag(4 counts): After finishing Wall 3 (3:00), do the tag as below, restart facing 6:00

1,2,3,4 Rock Fwd On R, Recover on L, 1/4 Turn R Back Rock On R, Recover On L

MAIN DANCE (32 counts)

S1. FWD, KICK, BACK, TOUCH, STEP, PIVOT ¼ TURN L, FWD, KICK

1,2,3,4 Step R Fwd, Kick L Fwd, Step back on L, touch Back On R

5,6,7,8 Step Fwd on R, pivot 1/4 Turn L, Step Fwd on R, Kick L fwd

S2. WALK BACK LRL, TOGETHER, CROSS, POINT, CROSS, POINT

1,2,3,4 Walk Back L, R, L, Step R together

5,6,7,8 Cross L over R, Touch R to R side, Cross R over L, Touch L to L side

S3. CROSS, BACK, SIDE, TOGETHER, ¼ TURN L, TOGETHER, HEEL BOUNCES TWICE

1,2,3,4 Cross L over R, Step Back On R, Step L to L side, Step R together

5,6,7,8 ¼ Turn L stepping fwd on L, Step R Together, Both Heel Bounce Twice

S4. POINT, TOGETHER, POINT, TOGETHER, FWD ROCK, RECOVER, ¼ TURN R BACK ROCK, RECOVER

1,2,3,4 Point R to R Side, Step R Next to L, Point L to L Side, Step L Next on R

5,6,7,8 Rock Fwd On R, Recover on L, 1/4 Turn R Back Rock On R, Recover On L

Happy Dancing!!

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