

We Are The World

拍數: 64

牆數: 2

級數: Intermediate



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音樂: We Are the World - Channel Aid

We dedicate this dance to all people all around the world, hoping we all stay safe, stay calm, stay healthy, stay fit, stay happy, stay dancing and Please Stay At Home....we can fight Corona Virus together.

Sequence : 64 – 32 – TAG – 32 – 64 – 64 – 32 – STEP&CLAP – ENDING

I. BASIC NIGHT CLUB – SIDE – BEHIND – SIDE – DIAGONAL FORWARD – BACK STEP – TURN AND FWD STEP – FORWARD STEP – TRAVELING TURN FWD – FWD STEP

- 1 - 2& Step R to side, Close L behind R, Cross R over L
- 3 - 4& Step L to Side, Cross R behind L, Step L to side
- 5 - 6& Turn 1/8 left Step R forward, Step L back, Turn 1/2 right Step R fwd
- 7 - 8& Step L fwd with body angle diagonal right preparing for turn, Turn 1/2 left Step R back, Turn 1/2 left Step L fwd (4.30)

(Option : 8& walk fwd on R, L)

II. ROCK – SIDE – FORWARD – PIVOT – SWEEP – BEHIND – SIDE

- 1 - 2&3 Step fwd on R, Recover on L, 1/8 Turn R Step R to R Side, 1/8 Turn R Step fwd on L
- 4&5 Recover on R, 1/8 Turn left Step L to L Side, Step fwd on R
- 6&7 Step fwd on L, 1/2 Turn right weight on R, 1/2 Turn right Step Back on L with Sweep on R from Front to Back

(Option: &7 Recover on R, Step L back sweep on R from front to back)

- 8& Step R cross behind L, Step L to L Side (6.00)

III. DIAMOND STEP – RECOVER – CROSS – SIDE

- 1 - 2& Facing diag left step R fwd - Step L fwd - Squaring 1/8 left step R to side (3.00)
- 3 - 4& Turn 1/8 left step L back - Step R back - Squaring 1/8 left step L to side (12.00)
- 5 - 6& Turn 1/8 left step R fwd - Step L fwd - Squaring 1/8 left rock R to side (9.00)
- 7&8 Recover on L - Cross R over L - Step L to side

IV. TOUCH - 1/4 TURN SWEEP - WEAVE RIGHT SWEEP - SAILOR STEP - SWAY - TURN 1/2 SWEEP TOUCH

- &1 Touch R to L, Turn 1/4 right step R fwd sweep on L from back to front (12.00)
- 2&3 Cross L over R, Step R to side, Step L behind sweep on R from front to back
- 4&5 Slightly cross R behind L, Close L to R, Step R to side
- 6-7-8 Sway on L, R, Turn 1/2 left sweep on R from back to front and touch beside L (6.00)

V. FWD – COASTER SWEEP – WALK – PIVOT 1/2 LIFT UP – WALK – ARABESQUE - WALK

- 1 - 2& Step fwd on R, Recover on L, Step close R beside L
- 3 - 4& Step fwd on L with sweep R, Turn 1/8 left and Walk R, L (4.30)
- 5 - 6& Turn 1/2 left step fwd on R and lift up fwd on L, Walk on L, R
- 7 - 8& Step L fwd with R lift up back, Walk R, L (10.30)

VI. BACK & SWEEP – BACK - ½ TURN RIGHT – FWD – WALK BACK – WALK FWD – SWEEP TURN 1/8 LEFT – CROSS SIDE

- 1 2& Step R back sweep L from front to back - Step L back - Turn 1/2 right Step R fwd (4.30)
- 3 4& Step L fwd - Step R back - Step L back
- 5 6& Turn 1/4 right Step R to side - Turn 1/4 left Step L fwd - Step R fwd
- 7 8& Step L fwd sweep R from back to front - Turn 1/8 left Step across R over L – Step L to side (3.00)

VII. TURN 1/4 FWD SWEEP – CROSS – TURN ½ - BACK – RECOVER – FWD SWEEP – CROSS – CHAINE TURN

- 1 Turn 1/4 R step R fwd sweep L (6.00), cross L over R, turn 1/4 L stepping R back (3.00)
- 3-4& Turn 1/4 L stepping L to side(12.00), step R back, recover on L
- 5–6& Cross R over L sweep L from back to front, cross L over R, turn 1/4 R stepping R fwd (3.00)
- 7&8& Turn 3/4 to right close L beside R, turn 1/4 to right stepping R fwd (3.00),turn 3/4 to right close L beside R, turn 1/4 to right R stepping R fwd (3.00)

(Option: 7&8& Run L-R-L-R)

VIII. LIFTING - ¼ SAILOR STEP - ½ DIAMOND – STEP FWD L – R – L

- 1 Releve smooth lifting up L

(Option: Touch L Forward)

- 2&3 Sweep 1/4 Turn left (12.00) step L behind R, Step R beside L, step L fwd
- 4&5 Cross R over L, step L beside R, Turn 1/8 right step R back sweep on L (1.30)
- 6&7 Step L behind R, turn 3/8 right step R fwd (6.00), step L fwd
- 8& Step forward R, L (6.00)

#STEP & CLAP Music :

I. STEP TOUCH - SIDE MAMBO CROSS - PADDLE TOUCH

- 1-2 Touch R to side (12.00), Cross touch R over L with Clap
- 3&4 Step R to side, Recover on L, Cross R over L with Clap
- 5& L touch to the side, Recover on R
- 6& Turn 1/4 left touch L to side with Clap (9.00), Recover on R
- 7&8 Turn 1/4 left touch L to side (6.00), Recover on R, Turn 1/4 left touch L to side with Clap (3.00)

II. SIDE – TOUCH&CLAP – SIDE – TOUCH&CLAP - ¼ TURN LEFT – SIDE – TOUCH&CLAP – SIDE – CLOSE&CLAP

- 1-2 Step L to L side, Step R touch with Clap
- 3-4 Step R to R side, Step L touch with Clap
- 5-6 1/4 turn left step L to L side (12.00), Step R touch beside L with clap
- 7-8 Step R to R side, step L close together R with clap

III. Repeat I

IV. Repeat II

#TAG & Restart on Wall 2 after 32 Count

- 1-2 Step R to R Side, Recover on L
- 3-4 Step R fwd, Step L fwd

#Restart on Wall 3 – 6 (After 32 Count)

#ENDING : PIVOT ½ TURN LEFT 2x – STEP SIDE (Raise Your Hands Up Slowly)

- 1-2 Step R fwd, Turn ½ left (weight to left)
- 3-4 Step R fwd, Turn ½ left (weight to left)
- 5 Step R to side with raise your hands up

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