

Best Day! (revisited)

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Stephen Paterson (AUS) - March 2000
音樂: The Best Day - George Strait : (Album: Latest Greatest Straitist Hits - 3:24)



Start dance after 8 count instrumental intro

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Choreographers Note: It is now 20 years since I choreographed this dance, to a song which has meant so much to me. At that point I lived in New Zealand 'til I moved to Melbourne in 2002.

In January 2001 in Tamworth, Australia, I received the award for "Australian Overseas Line Dance Of The Year".

My Original Sheet had the timing written as 1, hold, 3, hold, & 5, 6, 7, 8. (64 count)

But now we recognise it more as 1, 2, a, 3, &, 4, & (32 count). The timing is the same throughout the dance.

[1-8] Rock L Forward, Recover, Back, Cross, Side, Rock, Cross, Quarter Back, Half Forward, Step, Half Pivot, Forward, Half Back, Quarter Side

- 1 2 a Rock step left forward, recover weight back onto right in place, step ball of left slightly back (a)
- 3 & Step right across left, rock step left out to side (&),
- 4 & Recover weight onto right in place, step left across right (&)
- 5 6 a Turn 1/4 left then step right back, turn 1/2 left then step left forward, step right forward (a) 3.00
- 7 & Pivot 1/2 left taking weight onto left in place, step right forward (&) 9.00
- 8 & Turn 1/2 right then step left back, turn 1/4 right then step right out to side (&) 6.00

[9-16] Rock L Across, Recover, Ball, Cross, Side, Behind, Side Rock R Across, Recover, Ball, Cross, Side, Behind, Quarter Forward

- 1 2 a Rock step left across right, recover back onto right in place, step ball of left out to side slightly back (a)
- 3 & Step right across left, step left out to side (&),
- 4 & Step right behind left, step left out to side (&) 6.00
- 5 6 a Rock step right across left, recover back onto left in place, step ball of right out to side slightly back (a)
- 7 & Step left across right, step right out to side (&)
- 8 & Step left behind right, turn 1/4 right then step right forward (&) 9.00

[17-24] Rock L Forward, Recover, Lunge, Push, Half, Walk, Walk Rock R Forward, Recover, Lunge, Push, Half, Walk, Walk

- 1 2 Rock step left forward, recover back onto right in place (this rock leads with the left hip in an anticlockwise elipse)
- a Lunge step left forward (a),
- 3 & Pushing off with left recover back onto right in place, turn 1/2 left then step left forward (&) 3.00
- 4 & Step right forward, step left forward (&)
- 5 6 Rock step right forward, recover back onto left in place (this rock leads with the right hip in a clockwise elipse)
- a Lunge step right forward (a)
- 7 & Pushing off with the right recover back onto left in place, turn 1/2 right then step right forward (&) 9.00
- 8 & Step left forward, step right forward (&)

[25-32] Rock L Side, Recover, Behind, Quarter Forward, Step, Half Pivot, Forward Rock R Side, Recover, Behind, Quarter Forward, Step Three Quarter Pivot, Side

- 1 2 a Rock step left out to side, recover weight onto right in place, step left behind right (a)
3 & Turn 1/4 right then step right forward, step left forward (&) 12.00
4 & Pivot 1/2 turn right taking weight onto right in place, step left forward (&) 6.00
5 6 a Rock step right out to side, recover weight onto left in place, step right behind left (a)
7 & Turn 1/4 left then step left forward, step right forward (&) 3.00
8 & Pivot 1/2 turn left taking weight onto left in place, turn a further 1/4 left then step right out to side (&) 6.00

TAG:

After wall 2, add the following 6 count tag:

- 1 2 & Rock step left forward, recover back onto right in place, turn 1/2 left then step left forward (&)
3 4 & Rock step right forward, recover back onto left in place, turn 1/2 right then step right forward (&)
5 & 6 & Step left forward, pivot 1/2 right (&), step left forward, pivot half right (&)

After wall 4 add the following 2 count tag:

- 1 & 2 & Step left forward, pivot 1/2 right (&), step left forward, pivot half right (&)

HOLD: On wall 5, dance up to including count 16 &, hold for 2 counts (1 & 2 &) resume with rest of sequence.

ENDING: The dance finishes to front wall at then end of wall 6, drag left together to finish.
