Never Forget This

拍數: 32

級數: Improver

編舞者: Andrés de la Rubia Albertí (ES) - April 2020

音樂: Hard to Forget - Sam Hunt

[1-8] Behind, side, cross, behind, side, point, cross samba, cross samba ¼ turn	
1&2	Step Rf behind Lf, Lf to the left, Rf cross over Lf (optional Shimmy)
3&4	Step Lf to the left, Rf behind Lf, Point Lf to the left (optional Shimmy)
5&6	Cross Lf over Rf, Rf to the right, recover weight to the Lf
7&8	Cross Rf over Lf, Lf ¼ turn right, recover weight Rf
[9-16] Mambo left, mambo right, lockstep forward, rocking chair	
1&2	Lf to the left, recover weight Rf, Lf close next Rf.
3&4	Rf to the right, recover weight Lf, Rf close next Lf
5&6	Lf diagonal forward, Rf behind Lf, Lf diagonal forward
7&8&	Rf forward, recover weight Lf, Rf back, recover weight Lf

[17-24] Kick ball cross, rock side cross, rumba box

- 1&2 Kick Rf forward, ball Rf next Lf, cross Lf over Rf
- 3&4 Rf to the right, recover weight Lf, Cross Rf over Lf
- 5&6 Lf to the left, Rf beside Lf, Lf forward
- 7&8 Rf to the right, Lf beside Rf, Rf back

[25-32] Shuffle back (L&R), coaster step 1/2 turn, rock side, touch

- 1&2 Lf back, Rf next Lf, Lf back
- 3&4 Rf back, Lf next Rf, Rf back
- 5&6 Lf back, Rf beside Lf, Lf 1/2 turn left (optional sailor step)
- 7&8 Rf to the right, recover weight Lf, touch Rf next Lf

No Tags, No Restarts





牆數:4