

Heal The World

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Henry Riawati (INA) - April 2020
音樂: Heal the World - Michael Jackson



start on vocal

S1 : Forward Sweep, Weave, Cross Rock (2x), Back, Close

1 Step RF fwd sweeping LF back to front
2 & 3 Cross LF over RF, step RF to R, cross LF behind RF sweeping RF front to back
4 & 5 Cross Rf behind LF, step LF to L, cross RF over LF
6 & 7 Recover onto LF, step RF to R, cross LF Over RF
8 & Recover onto RF, close LF next to RF

S2 : Forward, ¼ Turn R, ½ Rumba Box (2x), Forward Rock

1 Step RF fwd
2 & 3 Step LF fwd, make ¼ turn R weight on RF, cross LF over RF
4 & 5 Step RF To R, close LF next to RF, step RF fwd
6 & 7 Step LF to L, close RF next to LF, step LF fwd
8 & Step RF fwd, recover onto LF

S3 : Long Step Back, Back, ¼ Turn R, Cross, Full Turn L, Side Behind, Side

1 Long step back on RF
2 & 3 Step LF back, make ¼ turn R stepping RF to R, cross LF over RF
4 & 5 Make ¼ turn stepping RF back, make ½ turn L stepping LF fwd, make ¼ turn L stepping RF to R
6 & 7 Cross LF behind RF, recover onto RF, step LF to L
8 & Cross RF behind LF, step LF to L

S4: Cross, Mambo Cross (2x), Mambo Forward, Back, Together

1 Cross RF over LF
2 & 3 Rock LF to L, recover onto RF, cross LF over RF
4 & 5 Rock RF to R, recover onto LF, cross RF over LF
6 & 7 Rock LF fwd, recover onto RF, step LF Back
8 & Step RF back, close LF next to RF

Note :

Restart and step changes on wall 2, 5 & 9 after 16 count,
On count 16 close LF next to RF (make the wall changes)

Tag after wall 3 (4 count)

1 2 3 4 Step RF Forward, Hip Sway L, R, L.

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