

# Pump It

拍數: 48                      牆數: 4                      級數: Beginner  
編舞者: Ira Barie (INA) - April 2020  
音樂: Pump It - Black Eyed Peas : (3:34)



Start dancing after 16 count

## SEC 1. R SIDE STEP TOGETHER WITH SHIMMY SHOULDER

1-4                      Step RF to side, hold, Step LF next beside RF, hold  
5-8                      Repeat 1-4

## SEC 2. L SIDE STEP TOGETHER WITH SHIMMY SHOULDER

1-4                      Step LF to side, hold, Step RF next beside LF, hold  
5-8                      Repeat 1-4

## SEC 3. MODIFIED COASTER STEP, ¼ TURN RIGHT \*\*

1-2-3-4                  Step RF forward, Step LF next beside RF, Step RF backward, Step LF next beside RF  
5-6-7-8                  ¼ turn R RF step forward, LF next beside RF, RF step backward, LF next beside RF (3.00)

## SEC 4. MODIFIED MONTEREY, ½ TURN \*

1-2                      Touch RF to side, make ½ turn right step RF in place (9.00)  
3-4                      Touch LF to side, make ½ turn left step LF in place (3.00)  
5-6                      Touch RF to side, make ½ turn right step RF in place (9.00)  
7-8                      Touch LF to side, Step LF next beside RF (9.00)

## SEC 5. OUT-OUT, IN-IN (V STEP) TWICE

1-2                      Step RF diagonal forward, Step LF diagonal forward  
3-4                      Step RF backward to center, Step LF next beside RF  
5-8                      Repeat 1-4

## SEC 6. TOUCH FORWARD WITH HIP BUMPS

1-4                      Touch RF forward, Step RF next beside LF, Touch LF forward, Step LF next beside RF  
5-8                      Repeat 1-4

## Tag 1 : After wall 1, Forward and Back Mambo

1-4                      Step RF forward, LF in place, Step RF close beside LF, hold  
5-8                      Step LF backward, RF in place, Step LF close beside RF, hold

## Tag 2 : After wall 7 & ending wall 11, BASIC MAMBO

1-4                      Step RF forward, LF in place, Step RF close beside LF, hold  
5-8                      Step LF backward, RF in place, Step LF close beside RF, hold  
9-12                      Step RF to R side, LF in place, Step Rf close beside LF, hold  
13-16                      Step LF to L side, LF in place, Step LF close beside RF, hold

\*Restart wall 6 (6.00) after 32 Count

\*\*Restart wall 8 (6.00) after 18 Count

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