

Dura Dura

拍數: 32 牆數: 4 級數: Improver
編舞者: Lily Kho (INA) - April 2020
音樂: Dura - Daddy Yankee



Bridge : 3 (on wall 1,3,6 after sec 2)

Tag: 3 (on wall 1,3,6 after sec 4)

Section 1. Jazzbox 2x

1-2 Cross R over L (1), step back on L(2) 12.00
3-4 Step R to R side (3), step L fwd (4) 12.00
5-6. Cross R over L (5), step back on L(6) 12.00
7-8 Step R to R side (7), step L fwd (8) 12.00

Section 2. Mambo step, Side mambo (R/L)

1&2 Rock R fwd (1), recover on L(&), step R beside L(2)12.00
3&4 Rock L back(3), recover on R(&), step L beside R(4) 12.00
5&6. Rock R to side(5), recover on L(&),step R beside L(6) 12.00
7&8. Rock L to side(7), recover on R(&), step L beside R(8) 12.00

(*Bridge here on wall 1,3,6)

Section 3. Weave, Botafogo (L/R)

1&2& Cross R over L(1), step L to L side(&), cross R behind L(2), step L to L side(&)12.00
3&4 Cross R over L(3), step L to L side(&), step R in place(4) 12.00
5&6& Cross L over R(5), step R to R side(&),cross L behind R(6), step R to R side(&)12.00
7&8 Cross L over R(7), step R to R side(&), step L in place(8) 12.00

Section 4. 1/4 Diamond, Side mambo (R/L)

1&2. Cross R over L(1), step L to L side(&), 1/8 turn R stepback on R(2) 1.30
3&4. 1/8 turn R step back on L(3), step R to R side(&), step L fwd(4) 3.00
5&6. Rock R to side(5), recover on L(&), step R beside L(6) 3.00
7&8. Rock L to side(7), recover on R(&), step L beside R(8) 3.00

(**Tag here on wall 1,3,6)

*Bridge. Twist with hips

1&2& Twisting with hips from waist down rotate heels right(1), rotate toes right(&), rotate heels right(2), rotate toes right(&)
3&4& twisting with hips from waist down rotate heels right(3), rotate toes right(&), rotate heels right(4),rotate toes right(&)
5&6& Twisting with hips from waist down rotate heels right(5), rotate toes right(&), rotate heels right(6), rotate toes right(&)
7&8 twisting with hips from waist down rotate heels right(7),rotate toes right(&),rotate heels right(8)

**Tag. Twist with hips, Full turn with touch

1&2& Twisting with hips from waist down rotate heels right(1), rotate toes right(&), rotate heels right(2), rotate toes right(&)
3&4. twisting with hips from waist down rotate heels right(3),rotate toes right(&),rotate heels right(4)
5,6 Make 1/4 turn L touch on R(5), make 1/4 turn L touch on R(6),
7,8. Make 1/4 turn L touch on R(7) , make 1/4 turn L touch on R(8)

Stay at home - Enjoy this dance

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