

Three Little Birds

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Sandy Carty Hodges (USA) - April 2020
音樂: Three Little Birds - Bob Marley & The Wailers



No Restarts,

It has 2 Tags;: end of 3rd wall on back wall and end of 6th wall on front wall repeat SET 4: step Drags

SET 1: HEEL STRUTS, HEEL TAPS.

1,2,3,4 Step forward on right heel, down on right toe, tap left heel twice.

5,6,7,8 Step forward on left heel, down on toe, tap left heel twice.

SET 2: STEP CROSS, STEP CROSS, KICK, (slight diagonal)

1,2,3,4 (moving slightly diagonal left), step right across left, step left, step right across left, kick out left.

5,6,7,8 (moving slightly diagonal right) step left across right, step right, step left across right, kick out right.

SET 3: STEP BACK , 1/2 TURN LEFT, STEP FORWARD, ROCK RECOVERS

1&2,3&4 Step back right, left, right, ½ turn to left, step left, right, left,

5&6&7&8 Rock out to right on right foot, recover on left foot, cross right over left, rock out to left on left foot, recover on right foot, cross left foot over right foot, step together on right next to left.

SET 4: STEP SIDE DRAG

1 2, 3 4 Step to the left on left foot, drag right foot next to left foot.

5 6,7 8 Step to the right side on right foot, drag left foot next to right foot.

End of dance, start again.

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