

Hawaii On Me

拍數: 40 牆數: 2 級數: Improver
編舞者: Noreen Wall (UK) - March 2020
音樂: Hawaii on Me - Chris Janson



S1) ON RIGHT DIAGONAL SKATE R, L, RIGHT SHUFFLE FORWARD, ON LEFT DIAGONAL SKATE L, R, LEFT SHUFFLE FORWARD.

1-2 face right diagonal (1) skate right (2) skate left
3&4 right shuffle forward (3) step forward right (&) step left behind right (4) step forward right foot.
5-6 face left diagonal (5) Skate left (6) skate right
7&8 Left shuffle forward (7) step forward left foot (&) step right foot behind left (8) step forward left foot.

S2) JAZZ BOX, CROSS, SIDE, BEHIND, SWEEP BEHIND, ¼ TURN LEFT (9 O'CLOCK) RECOVER R, STEP FORWARD L, R, L SIDE ROCK CROSS FRONT.

1&2 Jazz box (1) cross right foot over left (&) step back on left foot (2) Step right foot to right side.
3&4 (1) cross left in front of right foot (&) step right to right side (4) step left behind right foot.
5&6 (5) Sweep right foot behind left making a ¼ turn left to face 9'oclock replace weight on right foot (&) step forward left foot (6) step forward right foot.
7&8 rock left foot out to left side (&) recover weight on right foot (8) cross left foot over right foot.

S3) RIGHT GRAPEVINE ,1/4 TURN RIGHT (12'CLOCK) , STEP ½ TURN RIGHT (6 O'CLOCK) FULL TURN OVER LEFT SHOULDER, LEFT MAMBO STEP FORWARD.

1&2 (1) step right to right side (&) step left behind right (2) step right to right side making ¼ turn right to face 12 o'clock.
3&4 step forward left foot (&) make a ½ turn over right shoulder to face 6 o'clock recover on right foot (4) step forward left foot
5&6 make a full turn over left shoulder pivot on left foot (5)step right (&) step on left (6) recover right foot (facing 6
7&8 left mambo forward (7) rock forward on to left foot (&) recover weight on right foot (8) step back on left foot.

S4) RIGHT SHUFFLE BACK, LEFT COASTER STEP.SIDE STEP RIGHT (RIGHT HIP ROLL), SIDE STEP LEFT (LEFT HIP ROLL)

1&2 (1) step back right foot (&) step left foot in front of right (2) step back left foot.
3&4 (3) step back on left foot (&) step right foot next to left (4) step left foot forward.
5&6 (5) step right to right side (&) right hip roll forward and around to back (6) replacing right foot next to left.
7&8 (7) step left to left side (&) left hip roll forward and around to back (8) replace left foot next to right.

To make dance easier instead of full turn do a right shuffle forward.