

Girl, Change My Life

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 1 級數: Beginner
編舞者: Laurent Chalon (BEL) - March 2020
音樂: Change My Life - Levi Hummon



Intro : 32 Counts

Section 1 : Step diag., Lock, Step Lock Step, Step diag., Lock, Step Lock Step

- 1 Step Fwd Diagonally R on RF 12:00
- 2 Lock LF Behind RF and bending knees + snap fingers at shoulder level
- 3&4 Step Fwd Diagonally R on RF, Lock LF Behind RF, Step Fwd Diagonally R on RF
- 5 Step Fwd Diagonally L on LF
- 6 Lock RF Behind LF and bending knees + snap fingers at shoulder level
- 7&8 Step Fwd Diagonally L on LF, Lock RF Behind LF, Step Fwd Diagonally L on LF

Section 2 : Cross, Unwind ½ turn, Cross shuffle, Side Rock, Cross shuffle

- 1 Cross RF over LF
- 2 Unwind ½ Turn Left 06:00
- 3&4 Cross RF over LF, LF to Left, cross RF over LF
- 5-6 Side rock LF to Left, Recover RF
- 7&8 Cross LF over RF, RF to Right, cross LF over RF

* Restart here wall 3 (6h), the dance becomes a 2 walls

Section 3 : Side, Together, Step lock Step Back, Side, Together, Step Lock Step Fwd

- 1-2 Step RF to Right Side, step LF next to RF
- 3&4 Step RF back, lock LF over RF, Step RF back
- 5-6 Step LF to Left, Side step RF next to LF
- 7&8 Step LF Forward, Lock RF behind LF, Step LF Forward

Section 4 : walk, walk, Step Pivot ½ turn with knee pop, coaster step, walk, walk

- 1-2 Step RF Forward, Step LF Forward
- 3-4 Step RF Forward, pivot ½ turn + popping Left knee forward 12:00
- 5&6 Step LF back, Step RF next to LF, Step LF Forward
- 7-8 Step RF Forward, Step LF Forward

TAG: at the end of the wall 6

Step Diag. Fwd, Touch, Step Diag. Back, Touch

- 1 Step RF Forward Diagonally Righ
- 2 Touch LF next to RF
- 3 Step LF back diagonally Left
- 4 Touch RF next to LF

Dance written for the Rencontres Nationales Country & Line Dance 2020

Bonne danse...

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