No Cheating

拍數: 32

級數: Beginner

編舞者: Jan Brookfield (UK) - April 2020

音樂: Where'd You Get Your Cheatin' From - Highway 101

After a 24 seconds slow vocal intro, start dance on the word "WHERE, oh where ..." NOTE : The FLICKS and SLAPS in sections 1 and 2 can be replaced by TOE TAPS BEHIND for a less energetic feel to the dance.

Section 1 : VINE RIGHT, TOUCH; SIDE, FLICK BEHIND + SLAP; SIDE, FLICK BEHIND + SLAP

- Step R to right side, step L behind R, step R to right side, touch L next to R 1,2,3,4
- 5,6 Step L to left side, flick R behind L (with optional left hand slap on R heel)
- 7,8 Step R to right side, flick L behind R (with optional right hand slap on L heel)

Section 2 : VINE LEFT, TOUCH; STEP, FLICK BEHIND + SLAP; STEP, FLICK BEHIND + SLAP

- Step L to left side, step R behind L, step L to left side, touch R next to L 1,2,3,4
- Step R to right side, flick L behind R (with optional right hand slap on L heel) 5,6
- 7,8 Step L to left side, flick R behind L (with optional left hand slap on R heel)

Section 3 : SIDE, CLOSE, FORWARD, TOUCH; SIDE, CLOSE, BACK, TOUCH

- 1,2,3,4 Step R to right side, close L to R, step R forward, touch L next to R
- 5.6.7.8 Step L to left side, close R to L, step L back, touch R next to L

Section 4 : BACK, TOUCH /CLAP; FORWARD, TOUCH /CLAP; SIDE TOUCH /CLAP; ¼ TURN LEFT, TOUCH /CLAP

- 1,2,3,4 Step R back, touch L next to R + clap; step L forward, touch R next to L + clap
- 5.6 Step R to right side, touch L next to R + clap;
- 7,8 Making a guarter turn left step L forward, touch R next to L + clap

KEEP IT GOING!





牆數: 4