Jump N' Jive



拍數: 40 牆數: 4 級數: High Beginner

編舞者: Sandy Carty Hodges (USA) - March 2020

音樂: Jump 'N' Jive - Rob Rio & The Revolvers: (3:30)



* No Tags, No Restarts

Set 1: Walk Forward RT, Left, RT, Left, Rocking Chair Rt.

1,2,3,4 Walk forward RT, Left, Rt, Left,

5,6,7,8 Step Forward Rt, Step back on Left Foot, step back on RT foot, forward on Left foot.

Set 2: Kay Steps, clapping hands

1,2,3,4 Step forward diagonal RT on RT foot, touch left toe next to rt foot, (clap) step back left

diagonal on Left foot, touch RT toe next to left foot. (clap)

5,6,7,8 Step back diagonal to the RT on RT foot, touch left toe next to RT foot(clap), step forward

diagonal left on left foot, touch RT toe next to left foot. (clap)

Step 3: 2 Monterey 1/4 Turns To The Right,

1,2,3,4 Touch rt toe to right side, step Rt foot next to Left foot as you make ¼ turn to the right, touch

left toe to left side, then step left next to Rt foot.

5,6,7,8 REPEAT same steps above.

Set 4: Slide RT, heel splits, step left, heel splits.

1,2,3,4 Step to the RT on RT foot, step left foot next to RT foot, heel splits

5,6,7,8 Step to the Left on left foot, step RT foot next to Left foot, heel splits.

Set 5: Shuffle Steps RT, Rock Back Left Foot, Recover Rt 1/4 Left, Lindy Left.

1&2,3,4 Shuffle to Rt side, Rt, Left, Rt. Step Back on left, while making a ¼ turn left, then step right

next to left.

5&6,7,8 Shuffle to the left, rock back on right foot, recover on left foot.

End of Dance, start again

(E-mail: sandyutah82@gmail.com)