

Sha La La

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Sandy Carty Hodges (USA) - April 2020
音樂: Sha-La-La - The Shirelles : (2:16)



***no tags, no restarts**

SET 1: LINDY RIGHT, LINDY LEFT.

1&2,3,4 (1) Step RT foot to RT side,(&) step LFT foot beside RT foot, (2)step RT foo to RT side,
(3)rock LFT foot behind RT foot, (4) recover on RT side.
5&6,7,8 (5) Step LFT foot to LFT side, (&) step RT foot beside LFT foot, (6) step LFT foot to LFT side,
(7) rock RT foot behind LFT foot, (8) recover on LEFT foot.

SET 2: SHUFFLE STEPS, HALF TURN, SHUFFLE STEPS, ¼ TURN.

1&2,3,4 Shuffle forward RT, LFT, RT, step forward on the LFT foot, half turn RT, step on RT foot.
5&6,7,8 Shuffle LFT,RT,LFT, step forward on your RT foot,1/4 turn LFT, step on LFT foot.

SET 3: STEP,CROSS, STEP CROSS,KICK OUT TO SIDE,

1,2,3,4 Step RT over LFT, Step LFT, step RT over LFT, kick out LFT diagonal.
5,6,7,8 Step LFT over RT, Step RT, Step LFT over RT, kick out RT diagonal

SET 4: STEP, KICK, STEP KICK, COASTER STEP

1,2,3,4 Step back RT, kick LFT, Step back LFT, Kick RT.
5,6,7,8 Step back on the RT, step back on LFT, step forward on RT, step together LFT.

END OF DANCE; start again

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