

Lost My Mind

COPPER KNOB
STEPSHETS

拍數: 16 牆數: 4 級數: Beginner
編舞者: Bambang Satiyawan (INA) - April 2020
音樂: Perdiendo la Cabeza - Carlos Rivera, Becky G. & Pedro Capó



Start dance on vocal,
Tag after wall : 6

I.FORWARD-TRIPLE STEP –FORWARD MAMBO-BACK TRIPLE STEP-COASTER STEP

1 & 2 Step R forward, Step L forward, Step R forward
3 & 4 Step L forward, Step R in place, Step L back
5 & 6 Step R back, Step L back, Step R back
7 & 8 Step L back, Close R beside L, Step L forward

II.TURN AND SIDE-BESIDE TOUCH-SIDE-BESIDE TOUCH-TURN AND SIDE-TOUCH BESIDE-SIDE-BESIDE TOUCH-CROSS MAMBO-JAZZ BOX TURN

1 & 2& Turn ¼ left Step R to side, Touch L beside R, Step L to side, Touch R beside L
3 & 4& Turn ¼ left Step R to side, Touch L beside R, Step L to side, Touch R beside L
5 & 6 Cross R over L, Step L in place, Step R to side
7 & 8& Cross L over R, Turn ¼ left Step R back, Step L to side, HOLD

Ending : at the last wall, just turn make facing to 12.00

TAG : 2 Counts

SIDE-TOUCH BESIDE-SIDE-TOUCH BESIDE

1 & 2& Step R to side, Touch L beside R, Step L to side, Touch R beside L

Enjoy The Dance,

Contact person : bambang.1709@gmail.com
