

The Corona Mixer (P)

拍數: 32 牆數: 0 級數: Partner Mixer
編舞者: Dave Serfling (USA) - March 2020
音樂: Stayin' Alive - Bee Gees



Alt. Music: Any fun songs you like! Just have fun!

Partners stand side by side facing Line-of-Dance Lead on the left Follow on the right (not holding hands)
The 32-count phrasing in Stayin' Alive is off and on. Just ignore it, it gets back on.

Lead's Footwork

Forward 4 Steps, Toe Bump, Back ¼ Hinge Turn (Fist Bump)

- 1-4 Step forward Left, Right, Left, Right
- 5 Touch Left foot forward to Follow's Foot
- 6 Step back with Left foot
- 7 Step back with Right foot w/¼ Turn Right
- 8 Touch Left foot next to Right (Bump Both Fists to Follow's Fists)

Back 3 steps, Clap, Forward 3 Steps, (Right Elbow Bump)

- 1-3 Step back Left, Right, Left
- 4 Touch Right foot next to Left foot (Clap)
- 5-7 Step forward Right, Left, Right,
- 8 Touch Left foot next to Rt foot

(Right Elbow Bump the Follow)

Hold 4 Counts or 4 Sways (Left Elbow Bump), Full Rolling Turn Left (Fist Bump)

- 1-4 Stand still for 3 counts keep weight on Right foot (Left Elbow Bump the Follow's elbow)

Option 1-4: Bump hips Left, Right, Left, Right

- 5-8 ¼ turn left forward, ½ left step back, ¼ turn left step side left, STEP DOWN RIGHT

(Fist Bump)

Vine Left ¼ Turn Left, Hip Bumps Rt, Rt, Lt, Rt

- 1-2 Step side left, Hook Right behind Left
- 3-4 ¼ Turn left step forward Left, Touch Right
- 5-8 Bump Hips Right & Right, Left, Right

Follow's Footwork

Forward 4 Steps, Toe Bump, Back ¼ Hinge Turn (Fist Bump)

- 1-4 Step forward Right, Left, Right, Left
- 5 Touch Right foot forward to Lead's Foot
- 6 Step back with Right foot
- 7 Step back with Left foot w/¼ Turn Left
- 8 Touch Right foot next to Left (Bump Both Fists to Follow's Fists)

Back 3 steps, Clap, Forward 3 Steps, (Right Elbow Bump)

- 1-3 Step back Right, Left, Right
- 4 Touch Left foot next to Right foot (Clap)
- 5-7 Step forward Left, Right, Left
- 8 Touch Right foot next to Lt foot

(Right Elbow Bump the Lead)

Full Rolling Turn Right (Left Elbow Bump), Full Rolling Turn Left (Fist Bump)

- 1-4 ¼ turn right forward, ½ right step back, ¼ right step side right, touch Left foot

(Left Elbow Bump the Lead's elbow)

5-8 ¼ turn left forward, ½ left step back, ¼ turn left step side left, touch Right foot

(Fist Bump)

Vine Right ¼ Turn Right, Hip Bumps Lt, Lt, Rt, Lt

1-2 Step side Right, Hook Left behind Right

3-4 ¼ Turn right step forward Right, Touch Left

5-8 Bump Hips Left & Left, Right, Left

Repeat (with a new partner)

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