

La Isla Bonita (Salsa)

COPPER KNOB
BY SHEETS

拍數: 64 牆數: 1 級數: Phrased High Beginner
編舞者: Eun Hee Yoon (KOR) - April 2020
音樂: La Isla Bonita (Dj G Martini Salsa Remix) - Madonna



Intro: 32

Sequence: A(32) - B(32) - A(32) - B(32) - A(16) - B(32) - A(32) - B(32) - A(16) - B(32) - Tag(4c) - A(16) - B(32) - B(16) - Tag(2c) - B(16) - B(32) - B(32) - B(16)

PART A (32)

Sec. 1) R Back, Recover, Together, L Back, Recover, Together, (Syncopated) R Back rock, Recover, Forward Rock, Recover, Back rock, Recover, Together

1&2 Cross RF back(1), Recover LF(&), RF next to LF(2)
3&4 Cross LF back(3), Recover RF(&), LF next to RF(4)
5&6&7&8 Cross rock RF back(5), Recover LF(&), Rock RF forward(6), Recover LF(&), Cross rock RF back(7), Recover LF(&), RF next to LF(8)

Sec. 2) L Back, Recover, Together, R Back, Recover, Together, (Syncopated) L Back rock, Recover, Forward Rock, Recover, Back rock, Recover, Together

1&2 Cross LF back(1), Recover RF(&), LF next to RF(2)
3&4 Cross RF back(3), Recover LF(&), RF next to LF(4)
5&6&7&8 Cross rock LF back(5), Recover RF(&), Rock LF forward(6), Recover RF(&), Cross rock LF back(7), Recover RF(&), LF next to RF(8)

Sec. 3) Repeat Sec. 1

Sec. 4) Repeat Sec. 2

PART B(32)

Sec. 1) Forward Mambo, Together, Back Mambo, Together(R, L), Side Mambo, Together (R, L)

1&2 RF forward(1), Recover LF(&), RF next to LF(2)
3&4 LF back(3), Recover RF(&), LF next to RF(4)
5&6 RF to R side(5), Recover LF(&), RF next to LF(6)
7&8 LF to L side(7), Recover RF(&), LF next to RF(8)

Sec. 2) Side, Together, Chasse, 1/4R Paddle Turn x 3, 1/4R Touch

1-2 RF to R side(1), LF next to RF(2)
3&4 RF to R side(3), LF next to RF(&), RF to R side(4)
5&6&7&8 Rock LF forward(5), 1/4R recover RF(&), Rock LF forward(6), 1/4R recover RF(&), Rock LF forward(7), 1/4R recover RF(&), 1/4R touch LF next to RF(8)

Sec. 3) Forward Mambo, Together, Back Mambo, Together(L, R), Side Mambo, Together (L, R)

1&2 LF forward(1), Recover RF(&), LF next to RF(2)
3&4 RF back(3), Recover LF(&), RF next to LF(4)
5&6 LF to L side(5), Recover RF(&), LF next to RF(6)
7&8 RF to R side(7), Recover LF(&), RF next to LF(8)

Sec. 4) Side, Together, Chasse, 1/4L Paddle Turn x 3, 1/4L Touch

1-2 LF to L side(1), RF next to LF(2)
3&4 LF to L side(3), RF next to LF(&), LF to L side(4)
5&6&7&8 Rock RF forward(5), 1/4L recover LF(&), Rock RF forward(6), 1/4L recover LF(&), Rock RF forward(7), 1/4L recover LF(&), 1/4R touch RF next to LF(8)

Tag 1: Hip Sway 4 counts

Tag 2: Hip Sway 2 counts
(Please see the sequence)

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