

# Run To Day

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner / Improver  
編舞者: Peter Davenport (ES) - March 2020  
音樂: Good Day to Run - Darryl Worley



#16 Count Intro, Start on Lyrics, Track Length 3.01

**S1: Modified Rumba (quick), Side Rock**

1.2.3.4      Step L to L, Bring R to L, Step L forward, Step R to R 12  
5.6.7.8      Bring L to R, Step back on R, Rock L out to L, Recover on R 12

**S2: L Slow Sailor 1/4 L Scuff, Rock Replace, Walk Back R.L (or run back)**

1.2.3.4      Slow sailor 1/4 L scuff R through on count 4 9  
5.6.7.8      Rock forward on R, Recover on L, Walk back R.L (quick walk) 9

**S3: Rock Replace Forward Hold, Rock Forward Replace Step, Walk Back L.R (or run back)**

1.2.3.4      Rock back R, Recover L, Step forward R, HOLD 9  
5.6.7.8      Rock forward L, Recover R, Walk back L.R (quick walk) 9

**S4: Back Point, Cross Point, Jazz Box 1/2 Bring R to L**

1.2.3.4      Step back on L, Point R to R, Cross R over L, Point L out to L 9  
5.6.7.8      Cross L over R, 1/4 L step back on R, 1/4 L to L, Bring R to L 3

**No Tags & No Restart's Thank You Very Much.....**

**This Track has also been covered by Cole's Country.**

**Contact: [peterdavenport1927@gmail.com](mailto:peterdavenport1927@gmail.com)**