

# Keep Living

COPPER KNOB  
BY STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Maria Jesús Osuna (ES) & Leo Laurie - June 2019  
音樂: Man Woman - Joe Nichols : (Album: Old things new)



Step sheet : M<sup>a</sup> Jesús Osuna

Intro : 32 beats

**[1-8] WALKS FWD ( R-L-R ) – ¼ TURN L and TOUCH ( L ) – SIDE – TOUCH ( R ) – SIDE – ¼ TURN L and HOOK ( L )**

1-2            Step right forward, step left forward  
3-4            Step right forward, ¼ turn left touching left toe beside right foot ( 09.00 )  
5-6            Step left to the left side, touch right toe beside left  
7-8            Step right to the right side, ¼ turn left hooking left over right ( 06.00 )

**[9-16] STEP FWD – LOCK – SHUFFLE FWD ( L ) – PIVOT ½ TURN L – WALKS FWD ( R-L )**

1-2            Step left forward, lock right behind left  
3&4            Step left forward, right next to left, step left forward  
5-6            Step right forward, ½ turn left ( 12.00 )  
7-8            Step right forward, step left forward  
• During walls 5 and 10 dance up to count 16 and start again looking at 12.00

**[17-24] SIDE – BEHIND – HEEL JACK – ¼ TURN R – ¼ TURN R – CROSS SHUFFLE ( L )**

1-2            Step right to the right side, cross left behind right  
3&4&            Step right to the right side, touch left heel forward on left diagonal, step left back, cross right over left  
5-6            ¼ turn right stepping left back, ¼ turn right stepping right to the right side ( 06.00 )  
7&8            Step left crossed over right, step right next to left, step left crossed over right

**[25-32] PADDLES TURN – HEEL FWD ( R ) – FLICK UP**

1-2            Step right forward, ¼ turn left pivoting on left ( 03.00 )  
3-4            Step right forward , ¼ turn left pivoting on left ( 12.00 )  
5-6            Step right forward, ¼ turn left pivoting on left ( 09.00 )  
7-8            Touch right heel forward, flick up right

**START AGAIN**

**TAG : Add 4 steps to finish the 11th wall facing 09.00 :**

1-4            HEEL TAPS ( R )  
&1&2            Touch right toe forward, drop right heel, raise right heel, drop right heel  
&3&4            Raise right heel, drop right heel, raise right heel, drop right heel