

Keep Living

COPPER KNOB
BY STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Maria Jesús Osuna (ES) & Leo Laurie - June 2019
音樂: Man Woman - Joe Nichols : (Album: Old things new)



Step sheet : M^a Jesús Osuna

Intro : 32 beats

[1-8] WALKS FWD (R-L-R) – ¼ TURN L and TOUCH (L) – SIDE – TOUCH (R) – SIDE – ¼ TURN L and HOOK (L)

1-2 Step right forward, step left forward
3-4 Step right forward, ¼ turn left touching left toe beside right foot (09.00)
5-6 Step left to the left side, touch right toe beside left
7-8 Step right to the right side, ¼ turn left hooking left over right (06.00)

[9-16] STEP FWD – LOCK – SHUFFLE FWD (L) – PIVOT ½ TURN L – WALKS FWD (R-L)

1-2 Step left forward, lock right behind left
3&4 Step left forward, right next to left, step left forward
5-6 Step right forward, ½ turn left (12.00)
7-8 Step right forward, step left forward
• During walls 5 and 10 dance up to count 16 and start again looking at 12.00

[17-24] SIDE – BEHIND – HEEL JACK – ¼ TURN R – ¼ TURN R – CROSS SHUFFLE (L)

1-2 Step right to the right side, cross left behind right
3&4& Step right to the right side, touch left heel forward on left diagonal, step left back, cross right over left
5-6 ¼ turn right stepping left back, ¼ turn right stepping right to the right side (06.00)
7&8 Step left crossed over right, step right next to left, step left crossed over right

[25-32] PADDLES TURN – HEEL FWD (R) – FLICK UP

1-2 Step right forward, ¼ turn left pivoting on left (03.00)
3-4 Step right forward , ¼ turn left pivoting on left (12.00)
5-6 Step right forward, ¼ turn left pivoting on left (09.00)
7-8 Touch right heel forward, flick up right

START AGAIN

TAG : Add 4 steps to finish the 11th wall facing 09.00 :

1-4 HEEL TAPS (R)
&1&2 Touch right toe forward, drop right heel, raise right heel, drop right heel
&3&4 Raise right heel, drop right heel, raise right heel, drop right heel