

# AB 11:59

拍數: 32      牆數: 2      級數: Ultra Beginner  
編舞者: Martine Canonne (FR) - March 2020  
音樂: 11:59 (Central Standard Time) - The Railers



Start : 2 X 8 counts after they say "1, 2, 3, 4".- no tag no restart

**[1 – 8] TOUCH RF FWD, TOUCH RF BESIDE LF, TRIPLE SIDE R, TOUCH LF FWD, TOUCH LF BESIDE RF, TRIPLE ¼ LEFT**

- 1 – 2      Touch toe RF fwd, touch toe RF beside LF
- 3 & 4      Step RF to right side, step LF next to RF, step RF to right side
- 5 – 6      Touch toe LF fwd, touch toe LF beside RF
- 7 & 8      Step LF to left side, step RF next to LF, turn ¼ left stepping LF fwd (09:00)

**[9 – 16] TOUCH HEEL RF, TOGETHER, TOUCH HEEL LF, TOGETHER, POINT RF, TOGETHER, POINT LF, TOGETHER**

- 1 – 2      Touch heel RF fwd, close RF beside LF
- 3 – 4      Touch heel LF fwd, close LF beside RF
- 5 – 6      Touch toe RF to right side, close RF beside LF
- 7 – 8      Touch toe LF to left side, close LF beside RF

**[17 – 24] ROCKING CHAIR, STEP 1/8 LEFT X2**

- 1 – 4      Step RF fwd, recover onto LF, step RF back, recover onto LF
- 5 – 8      Step RF fwd, turn 1/8 left, step RF fwd, turn 1/8 left (weight onto LF) (06:00)

**[25 – 32] WALK R-L-R FWD, KICK L & CLAP, BACK L-R-L, TOUCH R & CLAP**

- 1 – 4      Walk RF fwd, walk LF fwd, walk RF fwd, kick LF fwd and clap
- 5 – 8      Step LF back, step RF back, step LF back, touch RF beside LF and clap (06:00)

<http://danseavecmartineherve.fr/>