

Jersey Bounce

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 4 級數: High Beginner
編舞者: Sandy Carty Hodges (USA) - February 2020
音樂: Jersey Bounce - Benny Goodman : (2:45)



NO TAGS, NO RESTARTS.

SET 1: Mambo right, mambo left, mambo forward, mambo back.

1&2 Rock to rt side on rt foot, recover on left foot, step rt foot next to left.
3&4 Rock to left side on left foot, recover on right foot, step left foot next to right.
5&6 Step forward on right foot, step back on Left foot, step rt foot next to left foot.
7&8 Step back on left foot, forward on right foot, step left foot next to right.

SET 2: Lock Back Right, Lock Back Left, Lock Back Right, Rock Recover

1&2 Step back on right foot diagonally, cross left over right, step right.
3&4 Step back on left foot diagonally, cross right over left, step left.
5&6 Step back on right foot diagonally, cross left over right, step on right
7&8 Rock to the left on left foot, step back on right foot, step left next to right.

SET 3: Long weave Left vine

1-8 Step left, right behind left, step left, step right across l front of left, step left, step right behind left, step left, touch right toe next to left.

SET4: Long weave Right vine,

1-8 Step right, step left behind right, step right, step left across in front of right, step right, step left behind right, step right, step left foot next to right.

SET 5: Rt jazz box ¼ turn rt, touch left, step left, touch rt.

1,2,3,4 Weight on left foot, step rt foot across left, step left foot next to rt foot, ¼ turn rt, step on rt foot, step left toe next to right foot.
5,6,7,8 Step left, touch right, step right, together left.

BEGIN AGAIN

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