

Better Off

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Larry Bass (USA) - March 2020
音樂: Better Off - Trace Adkins



Start on vocals after 32 counts
NO TAGS!!!!NO RESTARTS!!!

WIZARD STEP & TRIPLE STEP; ROCK STEP, ½ TURN TRIPLE STEP

1-2 Step R to right diagonal; Lock L behind R
& Step R slightly to right
3&4 Step L to left diagonal, Step R to L, Step L to left diagonal
5-6 Rock R forward; Recover back to L
7&8 Make a ½ turn right & triple step R, L, R (6:00)

WIZARD STEP & CROSS & CROSS; SIDE ROCK STEP, CROSS & CROSS

1-2 Step L to left diagonal; Lock R behind L
& Step L slightly to left
3&4 Step R across L, Step L slightly to left, Step R across L
5-6 Rock L to left; Recover right to R
7&8 Step L across R, Step R slightly to right, Step L across R

SIDE ROCK STEP, CROSS & CROSS; HINGE ½ TURN, FORWARD TRIPLE STEP

1-2 Rock R to right; Recover left to L
3&4 Step R across L, Step L slightly to left, Step R across L
5-6 Make a ¼ turn right & step L back (9:00); Make a ¼ turn right & step R forward (12:00)
7&8 Step L forward, Step R to L, Step L forward

STEP ½ PIVOT, ½ TURNING LOCK STEP; ¾ ROLLING TURN, BEHIND, SIDE, CROSS

1-2 Step R forward; Pivot ½ turn left to L (6:00)
3&4 Make a ¼ turn left & step R to right (3:00), Lock L across R, Make a ¼ turn left & step R back (12:00)
5-6 Make a ½ turn left & step L forward (6:00); Make a ¼ turn left & step R to right (3:00)
7&8 Step L behind R, Step R to right, Step L across R

Begin Again