

# Light On In My Soul

COPPER KNOB  
BY STEPHEN HETS

拍數: 80      牆數: 2      級數: Intermediate  
編舞者: Heide Dee (USA) - March 2020  
音樂: Bluebird - Miranda Lambert : (Album: Wildcard)



Intro: 8 counts

## FORWARD AND BACK TO SAMBA BEAT 2X

1 & 2      Step L ball forward (1) Step R ball forward next to L (&) Step L ball in place (2)  
3 & 4      Step R ball back (1) Step L ball ball back next to L (&) Step R ball in place (2)  
5 & 6      Step L ball forward (1) Step R ball forward next to L (&) Step L ball in place (2)  
7 & 8      Step R ball back (1) Step L ball forward next to L (&) Step R ball in place (2)

## DIAGONAL TURNS (3) COASTER FORWARD FINISH

1 & 2      Step diagonal L (Towards 9 o'clock), Step R (11 o'clock) (Pivot & step back L (7 o'clock)  
3 & 4      Step back diagonal R (6 o'clock), Step back diagonal L (5 o'clock) R forward (4 o'clock)  
5 & 6      Cross L over right (4 o'clock), step forward R (5 o'clock) Pivot and step back L (1 o'clock)  
7 & 8      Step back R (12' o'clock) Step L next to R, Step R forward

## FORWARD PROGRESSING TRIPLE STEPS 4X

1&2      (Left over right) Step L, R, L  
3&4      (Right over left) Step R, L, R  
5&6      (Left over right) Step L, R, L  
7&8      (Right over left) Step R, L, R finishing with right pointing towards 11 o'clock

## BACK PROGRESSING DIAGONAL LOCK STEPS, PIVOT 4X

1&2 9      o'clock side-Step back L, Cross R over L, Step back L  
3&4 3      o'clock side-Step back R, Cross L over R, Step back R  
5&6 9      o'clock side-Step back L, Cross R over L, Step back L  
7&8 3      o'clock side-Step back R, Cross L over R, Step back R finish facing 12 o'clock

## FORWARD PROGRESSING TRIPLE STEPS 4X

1&2      (Left over right) Step L, R, L  
3&4      (Right over left) Step R, L, R  
5&6      (Left over right) Step L, R, L  
7&8      (Right over left) Step R, L, R finishing with R pointing towards 11 o'clock

## NIGHTCLUB BASIC

1      Slide side L (Shoulder width)  
2&      R back rock, replace on L  
3      Slide side R (Shoulder width)  
4&      L back rock, replace on R  
5      Slide side L (Shoulder width)  
6&      R back rock, replace on L  
7      Slide side R (Shoulder width)  
8&      Straight back rock L, replace forward on R

## BACK AND FORWARD 1/2 ROCK TURNS

1      1/2 turn R stepping back L (facing 6 o'clock)  
2&      Back rock R, replace on L  
3      1/2 turn L stepping back R (facing 12 o'clock)  
4&      Back rock L, replace on R

- 5 1/2 turn R stepping back L (facing 6 o'clock)
- 6& Back rock R, replace on L
- 7 1/2 turn L stepping back R (facing 12 o'clock)
- 8& Straight back rock L, replace forward on R

#### **NIGHTCLUB BASIC**

- 1 Slide side L (Shoulder width)
- 2& R back rock, replace on L
- 3 Slide side R (Shoulder width)
- 4& L back rock, replace on R
- 5 Slide side L (Shoulder width)
- 6& R back rock, replace on L
- 7 Slide side R (Shoulder width)
- 8& Straight back rock L, replace forward on R

#### **SIDE STEPS, BOX**

- 1,2 L Side touch, step (Shoulder width)
- 3,4 R Side touch, step (Shoulder width)
- 5 Cross L over R
- 6 Step R back
- 7 Step L side
- 8 Step R side (Touching left to right)

#### **SIDE TURNS 1/4, 1/2, 1/2, TOUCH, 4X. TURN 4 TO R is 1/4, 1-1/2 TO FACE OTHER WALL**

- 1, 2, 3, 4 L, R, L touch R
- 5, 6, 7, 8 R, L, R touch L
- 1, 2, 3, 4 L, R, L touch R
- 5, 6, 7, 8 R, L, R, touch L

**Start again facing 6 O'Clock for second time through**

**For third and final time, you will be facing 12 O'clock, but start with a...**

**TAG! 2 Left foot forward West Coast Swing sugar pushes for 16 counts**

1,2,3&4,5,6, &8 L, R, LRL, R, L, RLR

**Or walk, walk, triple step, back, back, triple in place followed by Samba forward and back for 4 counts, starting with L**

**Start dance again for third time.**

#### **LIGHT ON IN MY SOUL**

**Only change is in the final side turn**

- 1,2,3, 4 L, R, L touch R
- 5,6,7, 8 R, L, R touch L
- 1,2,3, 4 L, R, L touch R

**L, R, L, R, L keep turning and end with final L forward facing 12 o'clock.**

**Please do not alter or publish this step description without my permission.**

**If you have any questions or have helpful suggestions, please contact me at:**

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**First publication**

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