

Forever Young

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Kelli Haugen (NOR) - March 2020
音樂: Younger - Jonas Blue & HRVY



For my showdances kids to learn and dance at home while we are all in lockdown.

Intro: 16 counts

ROCK, ROCK, CHASSÈ, ROCK, ROCK, SLIDE, HOLD

1,2,3&4 Rock right on RF, rock left on LF, step right on RF, step LF next RF, step right on RF
5,6,7,8 Rock left on LF, rock right on RF, big step left on LF, hold

CROSS ROCK, RECOVER, STEP, CROSS ROCK, RECOVER, STEP, ROCK, RECOVER, ¼ TURN SLIDE, HOLD

1,2&3,4& Cross rock RF in front of LF, recover on LF, step slightly right on RF, cross rock LF in front of RF, recover on RF, step slightly left on LF
5,6,7,8 Rock forward on RF, recover on LF, ¼ turn right big step side right on RF, hold (3.00)

STEP, LOCK/POP, STEP, LOCK/POP, ROCK, RECOVER, STEP BACK/POP, HOLD

1,2,3,4 Step forward on LF, lock RF behind LF (bending right knee and popping left knee forward), repeat steps 1,2 in this section)
5,6,7,8 Rock forward on LF, recover on RF, step back on LF (popping right knee forward), hold

KICK, BALL, TOUCH & TOUCH & TOUCH & STEP, ½ TURN, WALK X2

1&2&3&4& Kick RF forward, step RF next to LF, touch LF side left, step LF next to RF, touch RF side right, step RF next to LF, touch LF side left, step LF next to RF
5,6,7,8 Step forward on RF, ½ turn left on LF, walk forward on RF, LF (9.00)

Start again facing 9.00

Ending: At the end of the 10th wall (starts facing 9.00)

Instead of the last 2 counts (Walk RF, LF facing 6.00)...

Do a second Step fwd on RF, ½ turn left on LF to face the front and make your own pose

No Tags, No Restarts

Enjoy