

BINGLE BANGLE, Lets Just DANCE!

COPPER **KNOB**
BY EPSHEETS

拍數: 32 牆數: 4 級數: Easy Improver
編舞者: Val Saari (CAN) - March 2020
音樂: Bingle Bangle - AOA



TOE STRUTS WITH HIP BUMPS, RL, RF KICK-BALL POINT L, SYNCOPATED POINT R

1&2 Touch RF toes forward & bump hips RLR, (step heel down on count 2)
3&4 Touch LF toes forward while bumping hips LRL, (step LF heel down on count 4)
5&6-7 Kick RF Forward, Step RF next to Left, Point LF Toes to Left Side, hold (7)
&8 Step LF right, Point Right Toe to Right Side

RF ROCK/RECOVER, SHUFFLE RLR TURN 1/2 R, LF ROCK/RECOVER, SHUFFLE LRL TURN 1/2 L,

1-2 Rock RF forward, recover LF
3&4 Shuffle back RLR Turn 1/2 R
5-6 Rock LF forward, recover RF
7&8 Shuffle back LRL Turn 1/2 L

BOUNCE UNWIND 1/2 L, STEP KICKS RL

1-4 Cross RF over left, Unwind incrementally 1/2 left (heel bounces on 2,3,4)
5-8 Step RF right, Kick LF forward, Step LF left, Kick RF forward

RF SHUFFLE FWD, PIVOT 1/2 R, LF SHUFFLE FWD, PIVOT 1/4 L

1&2 Step RF forward, Step LF beside R, Step RF forward
3-4 Step LF forward, Pivot 1/2 R
5&6 Step LF forward, Step RF beside L, Step LF Forward
7-8 Step RF forward, Pivot 1/4 L

REPEAT

No Tags, No Restarts

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