

Paradise Hotel

COPPERKNOB
STEPSHEETS

拍數: 64
編舞者: Rex Allott (UK) - March 2020
音樂: Lucrecia - Levon Helm

牆數: 2

級數: Easy Intermediate



Intro - 16 beats, on lyrics

S1. Toe Flicks R, L x 2, Back, Forward, R Mambo Step

1&2& - Flick R toe out, in, Flick L toe out, in
3&4& - Repeat 1&2&
5-6. - Step R back, Recover on L
7&8. - Step R forward, Step L next to R, Step R back

S2. L Cross Coaster Step, R Cross Coaster Step

1-2. - Cross L over R, Step R next to L
3&4. - Step L back, Step R forward, Step L next to R
5-6. - Cross R over L, Step L next to R
7&8. - Step R back, step L forward, Step R next to L

S3. Heel Swivels R, L x 2, 1/2 Turn L. R Mambo Step

1&2& - Swivel R heel out, in, Swivel L heel out, in
3&4& - Repeat 1&2&
5-6. - Step R forward, Making 1/2 Turn L, Step L next to R
7-8. - Step R forward, Step L next to R, Step R back

S4. Syncopated Vine R, L.

1-2. - Step R to R, Step L behind R
&3-4. - Step R to R, Step L next to R, Step R to R (weight on R)
5-6. - Step L to L, Step R behind L
&7-8. - Step L to L, Step R next to L, Step L to L (weight on L)

S5. R Shuffles x 4 with Full Turn R.

1&2. - Shuffle R,L,R, making 1/4 Turn R
3&4. - Shuffle L,R,L, making 1/4 Turn R
5&6. - Rpt 1&2
7&8. - Rpt 3&4 (Making full turn R in total)

S6. Step R forward, back, Step L back, forward, Step out, in R, L.

1-2. - Step R forward, Step R back next to L
3-4. - Step L back, Step L forward next to R
5-6. - Point R out to R, Step R back next to L
7-8. - Point L out to L, Step L back next to R

S7. Left Shuffles x 4 with Full Turn L

1&2. - Shuffle L,R,L, making 1/4 turn L
3&4. - Shuffle R,L,R, making 1/4 turn L
5&6. - Rpt 1&2
7&8. - Rpt 3&4 (Making Full L turn in total)

S8. Inverted V-Step, Point Toes R, L.

1-2. - Step R back wide 45# R, Step L back 45# L
3-4. - Step R forward 45# L, Step L next to R

- 5-6. - Point R toe 45# forward R, Return
- 7-8. - Point L toe 45# Forward L, Return

Tag. After 2nd & 4th S8. Walls 3 & 5. (12 o'clock)

TS1. Point L out, in, out, Hitch L, V-Step

- 1-2. - Point L toe out, in.
- 3-4. - Point L toe out, hitch L
- 5-6. - Step L 45# out L, Step R foot 45# out R
- 7-8. - Step L 45# back R, Step R next to L

TS2. Point R out, in, out, Hitch R, Full Paddle Turn R.

- 1-2. - Point R toe out, in
- 3-4. - Point R toe out, hitch R
- 5-6. - Step R back, turning 1/2 turn R, Step L next to R
- 7-8. - Rpt 5-6

Dance at home; feel good & stay safe !
