

You Don't Own Me

COPPER KNOB
BY STEPHEN HETS

拍數: 52 牆數: 2 級數: High Intermediate Rolling 8-Count
編舞者: Victoria Rogers (CAN) - March 2020
音樂: You Don't Own Me (feat. Ariana Grande) - Kristin Chenoweth : (iTunes)



#16 count intro; 1 restart on first wall after 36 counts

Step R to right side rotating body to right, recover ¼ turn, full turn to left, ¼ diamond fall away to front, cross-rock-recover-side x2

1-2 Step R to right rotating body to the right, recover to L turning ¼ to left (9:00)
a3 ½ turn to left, stepping back on R; ½ turn to left stepping fwd on L, sweeping R fwd
4a5 Cross R in front of L, step L slightly back angling 1/8 to right, step R slightly back, sweeping L toward back (10:30)
6a Step L behind R, step R slightly to right, turning 1/8 to right to square up to front (12:00)
7&a Cross-rock L across R, recover to R, step L to left side
8&a Cross-rock R across L, recover to L, step R to right side

Step L fwd, full forward left turn, step R fwd, full fwd right turn, step L fwd, R fwd coaster, back drag, reverse ½ turn to left

1 Step fwd on L
2a3 ½ turn left stepping back on R, ½ turn left stepping fwd on L, step fwd on R (prep for turn)
4a5 ½ turn right stepping back on L, ½ turn right stepping fwd on R, step fwd on L
6&a Small step fwd on R, step L next to R, step R slightly back
7a Step back on L, drag R towards L
8&a Step back on R, turn ½ to left stepping fwd on L, step R fwd (6:00)

***4 count transition: 4-point "square" with quick waltz triples (similar to a waltz "diamond" but turning to walls instead of corners)**

1&a Step L fwd toward 6:00, step R and L in place
2&a Turn ¼ to left, stepping R back, step L and R in place (3:00)
3&a Turn ¼ to left, stepping L fwd, step R and L in place (12:00)
4&a Turn ¼ to left, stepping R back, step L and R in place (9:00)

Cross-step-drags LR towards 7:30, L fwd coaster, ½ reverse turn, cross-step-drags LR fwd toward 1:30, L fwd coaster, ½ reverse turn

1 Turn 1/8 to left, stepping L fwd slightly across R toward 7:30 corner dragging R through and fwd*
2 Step R fwd slightly across L towards corner, dragging L through and fwd*
3&a Step L fwd on ball of foot, step R next to L on ball of foot, step L slightly back
4&a Step back on R, make a ½ turn left stepping on L, step R fwd (1:30)
5 Step L fwd slightly across R toward 1:30 corner dragging R through and fwd*
6 Step R fwd slightly across L towards corner dragging L through and fwd*
7&a Step L fwd on ball of foot, step R next to L on ball of foot, step L back slightly
8&a Step back on R, make a ½ turn left stepping on L, step R fwd (7:30)

***styling: drag the free foot through and forward at floor level as you are doing these steps. These are not "prancy" – they are strong, self-affirming steps. No high knees!**

Rock-recover, weave left, cross-rock R across L, recover, ¼ turn; fwd L, step R into full spiral turn, step fwd L

1-2 Rock L fwd towards 7:30 corner, recover to R
a3 Ball-step L to left side squaring up to back wall, cross R in front of L (6:00)
a4a Step L to left side, cross R behind L, step L to left side
5-6 Cross-rock R across L with body roll, recover to L
a7 Turn ¼ to right stepping fwd on ball of R foot, step L fwd (9:00)

8a Step R into full spiral turn to left, step fwd on L (9:00)

Restart here on first wall by turning $\frac{1}{4}$ to left to face the back as you step to right to begin the dance

Turn $\frac{1}{2}$ left stepping back on R sweeping L, step L back sweeping R, R coaster, fwd on L sweeping R, R and L twinkles moving forward; step R fwd with L develop, reverse turn

1 Turn $\frac{1}{2}$ left stepping back on R, sweeping L from front to back (3:00)

2 Step back on L sweeping R from front to back

3&a Step back on R, step L next to R, step R fwd

4a Step fwd on L, sweeping R from back to front

5&a Step R fwd across L, step L to left side, step R to right side

6&a Step L fwd across R, step R to right side, step L to left side

7a Step fwd on R with L developpe, rising up slightly

8&a Step L back, turn $\frac{1}{2}$ to right stepping on R, step fwd on L (9:00)

Step R, turn $\frac{1}{2}$ on L, R coaster, step fwd, tuck-spiral turn, ball-step turning $\frac{1}{4}$, cross R across L, hinge turn to start again

1a Step fwd on R, turn $\frac{1}{2}$ to right stepping back on L (3:00)

2a3 Step back on R, step L next to R, step fwd on R

4 Step fwd on L

a5a Step fwd on R; tuck L toe behind R using it to power rotation to the left completing a full turn, keeping weight on R and allowing L to "spiral" around R (end with weight on R)

6a7 Step fwd on L turning $\frac{1}{8}$ to left, ball-step on R, step L fwd turning $\frac{1}{8}$ to left (12:00)

8a Cross R in front of L (prep), turn $\frac{1}{4}$ to right stepping back on L (3:00)

Continue turning another $\frac{1}{4}$ turn to right to start the dance on count 1 facing the back wall

Ending: on the 4th rotation, you will end on count 33: instead of a cross-rock, just step R in front of L and strike a pose facing your original 12:00 wall.

Enjoy!

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