

Come On, Baby

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Pat Newell (USA) - March 2020
音樂: One Woman Man - Josh Turner : (32 in)



Senior Dancing Series

Learning: vines, struts, pivots, heel stand patterns, rocking chair and chevy step

VINE RIGHT TOUCH, VINE LEFT TOUCH

1-4 Step R to R, step L behind R, step R to R, touch L
5-8 Step L to L, step R behind L, step L to L, touch R

TOE STRUT, TOE STRUT, 1/4 PIVOT, 1/4 PIVOT 6:00

1-4 Touch R toe next to L, step down on heel, touch L toe next to R, step down on heel
5-8 Step fwd on R, turn 1/4 L on L, step fwd on R, step 1/4 on L

HEEL TOUCH, HEEL STAND, HEEL TOUCH, HEEL STAND

1-4 Touch R heel fwd, touch R toe back, touch R heel fwd, step on R (heel stand)
5-8 Touch L heel fwd, touch L toe back, touch L heel fwd, step on L (heel stand)

ROCKING CHAIR, OUT OUT IN IN (CHEVY STEP)

1-4 Rock fwd on R, recover on L, rock fwd on R, recover on L
5-8 Step R out, step L out, step R in, step L in (the out steps are slightly fwd on diagonal)

DANCE FOR THE HEALTH OF IT
