

Blinding Lights

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Hiroko Carlsson (AUS) - March 2020
音樂: Blinding Lights - The Weeknd



(Start: On the word -I been tryna "Call" Approx. 28 sec)

[S1] Cross-Back-Side-Together, 1/8L Step-Lock-Step, 2x Pivot 1/2, Rock Fwd, Back

1&2& Cross L over R, Step back on R, Step L to the side, Step R together
3&4 Make a 1/8 turn left stepping forward on L, Lock R behind L, Step forward on L (10:30)
5&6& Step forward on R, Make a 1/2 turn left recover weight on L, Step forward on R, Make a 1/2 turn left recover weight on L
7&8 Rock forward on R, Recover weight on L, Step back on R and slide L close to R

[S2] Back-Lock-Back, 1/2R Back-Lock-Back, Side Rock, Vaudeville, Cross Rock-Cross (Anchor Step)

1&2 Step back on L, Lock/across R over L, Step back on L
&3& Make a 1/2 turn right stepping forward on R, Lock L behind R, Step forward on R (4:30)
4& Make a 1/8 turn right (square up to 6:00) stepping L to the side, Recover weight on R
5&6& Cross/step L over R, Step R to right, Touch L heel at left diagonal, Step L beside R
7&8 Rock/across R over L, Recover weight on L, Cross R over L slightly hitch L behind R (6:00)

[S3] 2x Back-Drag, Back-Together-Cross Rock, 2x Side Touch, Rolling Vine L w/ Touch

1 2 Big step back on L and drag R close to L, Big step back on R and drag L close to R
3&4& Step back on L, Step R together, Rock/across L over R, Recover weight on R
5&6& Step L to the side, Touch R next to L, Step R to the side, Touch L next to R
7&8& Rolling vine to the left with touch (L-R-L-R touch next to L) (6:00)

[S4] 2x Box 1/4R, Box Toe Strut 1/2 Turn w/ Side Rock

1&2& Cross R over L, Make a 1/4 turn right stepping back on L, Step R to the side, Step forward on L (9:00)
3&4& Cross R over L, Make a 1/4 turn right stepping back on L, Step R to the side, Step forward on L (12:00)
5&6& Cross R toe over L, Drop R heel down, Making a 1/4 turn right stepping back on L toe, Drop L heel (3:00)
7& Making a 1/4 turn right stepping forward on R toe, Drop R heel down (6:00)
8& Rock L to left, Recover weight on R

Restart on Wall 2 count 16** (12:00) and Wall 4 count 16** (12:00)

Ending: 12:00 starts – dance up to Section 2 (with step change)

5&6& Cross/step L over R, Step R to right, Touch L heel at left diagonal, Step L beside R
7&8 Rock forward on R, Recover weight on L, Make a 1/2 turn right to the front

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
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