

# Mandale

拍數: 32      牆數: 4      級數: Improver  
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音樂: Mandale - Kamaleon



Intro: 16 counts

**S1: Mambo forward, Mambo back, Cross rock, Side rock, Behind, Side, Cross**

1&2      RF Rock forward, recover onto LF, RF step back  
3&4      LF Rock backward, recover onto RF, LF step forward  
5&6&      Cross rock RF over LF . Recover weight LF . Rock RF to right side . Recover weight LF  
7&8      RF cross behind LF, LF step side, RF cross over LF

**S2: ¼ turn point X2, Step lock step, Step, Together, Shuffle**

1-2      Turn ¼ right pointing LF to left, Turn ¼ right pointing LF to left  
3&4      Step LF forward , Lock RF behind LF, Step LF forward  
5-6      Step RF to right , Step LF next to RF  
7&8      Step RF to right , Step LF next to RF , Step RF to right

**S3: Side, Close, Side, Touch, Fwd Run 3X Hitch, Back Run 3X Hitch**

1-2      Step LF to left, Close RF next to LF --(as you do these counts bring arms in front of chest and pop chest twice)  
3-4      Step LF to left , touch RF next to LF --(as you do these counts bring arms in front of chest and pop chest twice)  
5&6      Run forward R-L-R as you Hitch LF  
7&8      Back L-R-L as you Hitch RF

**S4: Mambo side X2 ,Shuffle, Shuffle 1/4 Turn**

1&2      RF Rock right, recover onto LF, RF step together  
3&4      LF rock left, recover onto RF, LF step together  
5&6      Step RF to right , Step LF next to RF , Step RF to right  
7&8      ¼ turn L & Step LF to left , Step RF next to LF , Step LF to left

No tag No Restart !!! Have fun :)

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