

# Positive Thoughts for Tough Times

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Linda Nyholm (CAN) - March 2020  
音樂: Livin' Ain't Killed Me Yet - Reba McEntire



Hope this gives you some positive thoughts while the world goes through this virus.  
Stay healthy, everyone!!!

## SECTION 1: STEP SIDE TOGETHER, SIDE TOGETHER, KICK BALL CHANGE x2

1-2            Step right to side, step left beside right  
3-4            Step right to side, step left beside right  
5&6           Kick right fwd, step on ball of right foot, step left slightly fwd  
7&8           Kick right fwd, step on ball of right foot, step left slightly fwd

## SECTION 2: WALK FORWARD X3, POINT LEFT, WALK BACK X2, TURN ¼ TOUCH RIGHT

1-2            Walk fwd, right, left  
3-4            Walk fwd right, point left to side  
5-6            Walk back left, right  
7-8            Step left ¼ to left, touch right (9)

## SECTION 3: RIGHT AND LEFT LINDYS

1&2            Step right to side, left beside right,, step right to side  
3-4            Rock back on left, recover to right  
5&6            Step left to side, right next to left, step left to side  
7-8            Rock back on right, recover to left

## SECTION 4: SIDE ROCK, CROSS SHUFFLE, HINGE TURN ½, FORWARD SHUFFLE

1-2            Rock right to side, recover to left  
3&4            Cross right over left, step left to side, step right across left  
5-6            Step left back ¼ , step right fwd ¼ (3)  
7&8            step left fwd, right beside left, left beside right

**\*2 RESTARTS—Sorry :( but they are fairly easy**

**\*1st—4th sequence, after 2nd section as you turn to 6:00 (end of instrumental)**

**\*2nd—9th sequence after 3rd section (Lindys) @ 9:00**