Maids of Arrochar



拍數: 48 牆數: 2 級數: Beginner waltz

編舞者: Jim Collins (USA) - March 2020

音樂: Maids of Arrochar by Casadh au tSugain on Celtic Love Songs (track 1) start at

20 seconds



Alternate 1: Could I have this dance by Anne Murray

Alternate 2: Take it to the limit by the Eagles

Or any other slow waltz

Start with weight on RIGHT. Easiest to teach and learn in sections of 12 counts.

SECTION 1

Forward full basic

1-6 Left forward, right side, left together, right forward, left side, right together

Backward full basic

7-12 Left back, right side, left together, right back, left side, right together

SECTION 2

Forward quarter turn left, back ½ basic

13-15 left (turning a quarter), right side, left together

right back, left side, right next to left Repeat (forward quarter turn left, back ½ basic)

19-21 left (turning a quarter), right side, left together

22-24 right back, left side, right next to left

SECTION 3

Left twinkle, right twinkle

25-27 left cross over right, right to side, collect left next to right right cross over left, left to side, collect right next to left

Diagonal Step lock steps (x2)

31-33 left forward, lock right behind, left forward 34-36 right forward, lock left behind, right forward

SECTION 4

Left balance step with drag, right balance step with drag

37-39 left to left, drag right next to left(touch)
40-42 right to right, drag left next to right(touch)

Rear balance step with drag, forward balance step with drag
43-45 left back, close right with a drag (touch)

46-48 right forward, close left with a drag step (touch)

Repeat. Enjoy.

This can be done as a partner line dance in the sweetheart position.

Thanks to Ginger Kozlowski for her kind mentoring and to Steve Cavanaugh for his stepsheet review.

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