

Don't Lose Your Shine

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Lynne Martino (USA) - March 2020
音樂: The Other Side - SZA & Justin Timberlake



Start after first 8 cts.

[1-8] WALK FORWARD, KICK, STEP, TOUCH, COASTER STEP

1-4 Walk forward R,L,R (1-3), kick L (4)
5,6,7&8 Step L back (5), touch R next to L (6), step R back (7), step L next to R (&), step R forward (8)

[9-16] HEEL, HOLD, STEP, HEEL, CROSS, HEEL, ROLLING VINE

1,2 &3 & 4 Touch L heel forward (1), Hold (2), step L down (&), touch R heel forward (3), cross R in front of L (&), touch R heel to the right,
5-8 Step R ¼ right (5), step L back ½ right (6), step L back ¼ right (7), step L (8)* Restart Wall 2 & 6

[17-24] CROSS ROCK, CROSS ROCK, STEP, ¼, SAILOR STEP

1&2 Cross R over L (1), recover on L (&), step R to right side (2)
3&4 Cross L over R (3), recover on R (&), step L to left side (4)
5,6, 7&8 Step R forward (5), pivot ¼ turn left placing weight on L (6), step R behind L (7), step L to left side (&), step R next to L (8)

[25-32] 3 SHUFFLES, STEP TOGETHER

1&2 Shuffle forward L, R, L (1&2) (9:00)
3&4 Making ¼ turn left shuffle to the right R, L, R (3&4) (6:00)
5&6 Making ¼ turn left shuffle L, R, L (5&6) (3:00)
7,8 Step R to right (7), step L next to R (8)

End of dance - After you dance the last shuffle in the 4th section of 8, just make a ¼ turn left stepping Your R foot out to the right side and bring your arms out to your sides, palms up.

Restarts: After 16 cts on wall 2 (3:00) & wall 6(12:00)

Choreographer's Info: Lynne Martino, Wiska51@aol.com - martinolynne@gmail.com
Facebook: Lynne's Dance Crew, Lynne Martino

Last Update - 11 Sept. 2020