

Me Gusta

拍數: 48 牆數: 2 級數: Low Intermediate
編舞者: Min Ja Jang (KOR) - March 2020
音樂: Me Gusta - Shakira & Anuel AA



Intro :16c

Sec1: Press, Recover, Back (R,L), back mambo, Forward step, rock behind touch, unwind 3/4 turn right sweep

1 2& Press RF forward, Recover on LF, step RF backwards
3 4& Press LF forward, Recover on RF, step LF backwards
5&6 Rock back on RF , Recover LF ,Forward RF
&7 8 Forward LF, Touch Behind RF, recover weight onto LF 3/8 Unwind Turn Right with sweep (9:00)

sec 2 Travelling back sambas (R, L), Cross, Side, 1/4 turn Right Point(12:00), beside with Flick, across

1 2& RF Behind LF, LF Left side, Recover
3 4& LF Behind RF, RF Right side, Recover
5&6& RF cross rock, Recover LF, RF side rock recover, 1/8 turn right recover LF(10:30)
7 1/8 turn right point right side(12:00),
8& step RF beside LF, step LF across RF

sec 3 Hip bumpig, Weave(behind,side,cross), Side(LF), beside with Flick(LF),Cross Shuffle

1&2 Right side hip bumping *2
3&4 RF behind LF , LF left side , RF across LF
5 6 LF Left side, RF beside LF with step LF Flick
7&8 LF across RF, RF ball step, LF across RF

sec 4 Hold, Diagonal Back (R,L), Cross, 1/4 turn right Back, side(3:00), cross rock, side point, 1/4 turn left sailor(12:00)

1 Hold
2& RF Diagonal Back, LF Diagonal Back
3&4 RF cross, LF 1/8 Right turn back, RF 1/8 turn right side(3:00)
5&6 LF Cross Rock , RF recover , LF side point
7&8 LF behind RF, RF side, LF Forward(12:00)

sec 5 step beside, rock back, recover (R, L), 1/4 turn right diamond

1 2& RF beside LF, LF Back ball step ,RF Recover
3 4& LF beside RF, RF Back ball step, LF Recover
5& RF Cross LF, LF left side,
6 RF 1/8 turn right back(1:30),
7&8 LF back, RF 1/8 turn right side (3:00), LF Cross

sec 6 Samba Whisks(R,L),1/4 turn right Cross, Ball, Cross, Side, Beside, Forward

1 2& R step to Right side,L Ball step behind R(a), R step in place (weight on right)
3 4& L step to left side, R Ball step behind L(a), L step in place (weight on left)
5&6 RF 1/4 turn right Cross, LF Ball step, RF cross LF
7&8 LF left side, RF beside LF, LF Forward.

No Tag, No Restart!
***enjoy the dance**

