Before Sadness Comes (슬퍼지려하기 전에)

拍數: 64

牆數:2

級數: Beginner +

編舞者: Sandra Koh (KOR) - March 2020

音樂: Before Sadness Come (슬퍼지려 하기전에) - COOL (쿨)

Intro: 48 counts No Tag No Restart!!

Sec1: R VINE STEP, FWD POINT, TOUCH TOGETHER, SIDE POINT, TOUCH TOGETHER

- 1-4 Side RF to R side, cross LF behind RF, side RF to R side, touch on LF next to RF
- 5-8 Fwd point on LF, touch on LF next to RF, point on LF to L side, touch on LF next to RF
- (Arm action: Raised both arms overhead when you do fwd point Arms on both sides when you do side point)
- Sec2: REPEAT SECTION 1 ON LF

Sec3: FWD WALK 3X, SIDE POINT, BACK, BACK, BACK, SIDE POINT

- 1-4 Step fwd on RF, step fwd on LF, step fwd on RF, point on LF to L side
- 5-8 Step back on LF, step back on RF, step back on LF, point on RF to L side

Sec4: JAZZBOX 1/4 TURN R, JAZZBOX 1/4 TURN R

- 1-4 Cross RF over LF, 1/4 turn R step back on LF, side RF to R side, step fwd on LF
- 5-8 Cross RF over LF, 1/4 turn R step back on LF, side RF to R side, step fwd on LF

Sec5: KICK, BEHIND, SIDE, CROSS, KICK, BEHIND, SIDE, CROSS

- 1-4 R diagonal fwd kick on RF, cross RF behind LF, side LF to L side, cross RF over LF
- 5-8 L diagonal fwd kick on LF, cross LF behind RF, side RF to R side, cross LF over RF

Sec6: HEEL GRIND 1/4 TURN R, COASTER STEP, PIVOT 1/2 TURN R, 1/2 TURN R STEP BACK, TOUCH

- 1-2 Heel grind on RF 1/4 turn R, recover on LF
- 3&4 Step back on RF, step LF next to RF, step fwd on RF
- 5-8 Step fwd on LF, pivot 1/2 turn R, 1/2 turn R step back on LF, touch on RF next to LF

Sec7: FWD WALK, WALK, ROCKING CHAIR, PIVOT 1/4 TURN L

- 1-4 Fwd walk on RF, fwd walk on LF, rock fwd on RF, recover on LF
- 5-8 Rock back on RF, recover on LF, step fwd on RF, pivot 1/4 turn L

Sec8: V STEP, SIDE STEP, BEHIND POINT, SIDE STEP, BEHIND POINT

- 1-4 Step R diagonal fwd on RF, step L diagonal fwd on LF, step back on RF to center, step LF next to RF
- 5-8 Side RF to R side, point on LF behind RF, side LF to L side, point on RF behind LF

Happy dancing and have fun!!



COPPERKNO