

Queda't A Casa

拍數: 96 牆數: 4 級數: Phrased Improver
編舞者: Conxita Mosegui (ES) & Sussy Rodriguez (ES) - March 2020
音樂: Quédate en casa - Ariel de Cuba



Intro: 18 counts since the music starts

Description: secuencia: A,A,A,A,A,A,A,A-B-C-A-B

PART A (32 counts)

[1-8] STEP RIGHT, TRIPLE STEP RIGHT, ROCK STEP, TRIPLE STEP LEFT

- 1-2 step right foot to the right, step left foot next to the right
3 & 4 step right foot to the right, step left foot next to the right, step right foot to the right
5-6 step left foot forward leaving the weight, recover on the right
7 & 8 step left foot to the left, step right foot next to the left, step left foot to the left

[9-16] ROCK STEP, SHUFFLE BACK, ROCK STEP, SHUFFLE FWD

- 1-2 step right foot forward leaving the weight, recover on left
3 & 4 step right foot back, step left foot next to right, step right foot back
5-6 step left foot back leaving the weight, recover on the right
7 & 8 step left foot forward, step right foot next to left, step left foot forward

[17-24] SAMBA STEP X2, JAZZBOX ¼ TURN

- 1 & 2 step right foot crossing in front of left, step left foot to left, right foot on site
3 & 4 step left foot crossing in front of right, step right foot to right, left foot on site
5-8 step right foot crosses in front of the left, we turn ¼ turn to the right, step left foot back, step right foot to the right, step left foot next to the right.

[25-32] MAMBO STEP X 4: SIDE, FWD, BACK

- 1 & 2 step right foot to the right, left foot in place, step right foot next to the left
3 & 4 step left foot to the left, right foot in place, step left foot to the right
5 & 6 step forward right foot, left foot in place, step right foot next to left

PART B (32 counts)

[1-8] BACHATA STEP, FWD, BACK

- 1-4 step forward right foot, step forward left foot, step forward right foot step left foot together
 right, hip stroke
5-8 step back left foot, step back right foot, step back left foot, step right beside left, hit the hip

[9-16] TURN RIGHT AND LEFT

- 1-4 step right foot to the right with ¼ turn, step left foot to the right with ½ turn, step right foot to
 the right with ¼ turn, step left foot beside the right, hit the hip
5-8 step left foot to left with ¼ turn, step right foot to left with ½ turn, step left foot to left with ¼
 turn, step right foot to left, hip strike

[17-24] RHUMBA BOX FWD

- 1-4 step right foot to right, step left foot beside right, step right foot forward, pause
5-8 step left foot to left, step right beside left, step left behind, pause

[25-32] BACHATA STEP RIGHT, LEFT

- 1-4 step right foot to the right, step left foot beside the right, step right foot to the right, step left
 foot to the right, hit the hip
5-8 step left foot to left, step right foot to the left, step left foot to the left, step right foot to the left,
 hit the hip

PART C (32 COUNTS)

[1-8] SAMBA STEP, JAZZBOX ¼ TURN (x4)

- 1 & 2 step right foot crossing in front of left, step left foot to left, right foot in place
3 & 4 step left foot crossing in front of right, step right foot to right, left foot in place
5-8 step right foot crosses in front of left, turn ¼ turn right, step left behind back, step right foot to
 the right, step left foot next to the right.

YOU WILL CARE MUCH AND ABOUT EVERYTHING YOU DO NOT GO HOME !!!

te.ballenlinia@gmail.com

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