

Solo

拍數: 32 牆數: 4 級數: Beginner
編舞者: Elisabeth Elkuch-Heid (CH/LIE) - March 2020
音樂: Solo - Laskaar



[1-8] Walk, Walk, Walk, Kick, Back, Back, Back, Touch"

1-4 Walk Fwd: R-L-R, Kick L Fwd!
5-8 Walk Backwards: L-R-L, Touch R next to L!

[9-16] Side Together Side Touch, Side Together Side Touch" (if you wish in Bachata Style)"

1,2 Step R to right, Step L next to R!
3,4 Step R to right, Touch L next to R!
5,6 Step L to left, Step R next to L!
7,8 Step L to left, Touch R next to L!

[17-24] Full Turn R With Touch, Full Turn L With Touch"

1,2 1/4 Turn R with R, 1/2 Turn R with L!
3,4 1/4 Turn R with R, Touch L next to R!
5,6 1/4 Turn L with L, 1/2 Turn L with R!
7,8 1/4 Turn L with L, Touch R next to L!

[25-32] Hip Bumps R&L, 1/8 Turn Paddle Turns L 2x (9)"

1&2 Step R diagonal Fwd and Bump Hip Fwd, Back to L, Bump Fwd to R!
3&4 Step L diagonal Fwd and Bump Hip Fwd, Back to R, Bump Fwd to L!
5-8 Step R Fwd with 1/8 Turn L, Weight on your L, Step R with 1/8 Turn L, Weight on your L (9)!

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