Woman & Beauty



拍數: 32 編數: 2 級數: Improver

編舞者: Diana Liang (CN) - March 2020

音樂: Nv Ren Jiu Yao Mei Mei Mei – Li MEN



Intro 32, Tag 4 Counts at the end of Wall 2/6, Ending 28 Counts on Wall 11

S1 Forward Switches, Chasse R, Side Together Side Touch

1&2& Rf forward toe touch on 1, Rf together on &, Lf forward toe touch on 2, Lf together on &

3&4 Rf side on 3, Lf together on &, Rf side on 4

5,6,7,8 Lf side on 5, Rf together on 6, Lf side on 7, Rf touch beside on 8

S2 V-Step, Sway

1,2,3,4 Rf diagonal out on 1, Lf diagonal out on 2, Rf home on 3, Lf together on 4

5,6,7,8 Weight change to Rf/sway hip to L on 5, Weight change to Lf/Sway hip to R on 6, Repeat 5

on 7, repeat 6 on 8

S3 Samba, Jazz box 1/4 LT

1&2 Rf cross on 1, Lf side on &, Rf recover on 2 3&4 Lf cross on 3, Rf side on &, Lf recover on 4

5,6,7,8 Rf cross on 5, Lf back on 6, ¼ LT Rf back on 7, Lf together on 8, 9:00

S4: Mambo ¼ LT, Side Mambo, ¼ LT Pivot

1&2 Rf forward on 1, Lf recover on &, ¼ LT Rf back, 6:00

3&4 Lf side on 3, Rf recover on &, Lf together on 4

5& Rf forward on 5, 1/4 LT Lf recover on &

6& = 5& 7& = 5&

8& = 5& , 6:00

Tag: 4 Counts, Running on Spot Happening at the End of W2 / 6 Facing 12:00

1& Rf step on spot on 1, Lf step on spot on &

2& = 1& 3& = 1& 4& = 1&

Ending: 28 Counts on Wall 11 with the change of the counts of 25-28 as below:

25 &26 Rf forward, Lf recover, ¼ LT Rf back

27,28 Lf forward, ½ RT weight shafted to Rf and finish

Thanks and happy dancing!

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