

Bars Round Here (P)

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 0 級數: Intermediate Partner
編舞者: Dan Albro (USA) & Kelly Albro (USA) - March 2020
音樂: Bar Round Here - The Cadillac Three



Intro: First beat of the bass drum. Start counting 5,6,7,8 on the word "Thirsty"

Start: Man facing OLOD, lady facing ILOD. Both hands connected.

Opposite footwork, mens footwork described, ladies opposite except where noted.

[1-8] SHUFFLE SIDE, ROCK BACK, REPLACE, WEAVE LEFT

1&2,3,4 Step side R, step L next to R, step side R, rock back L, replace weight R

5,6,7,8 Step side L, cross R behind L, step side L, cross R over L

Hands: Count 4: release mans left, ladies right Count 5: pick them back up

[9-16] SHUFFLE SIDE, ROCK BACK, REPLACE, STEP TOGETHER, TWIST, TWIST, TURN HOOK

1&2,3,4 Step side L, step R next to L, step side L, rock back R, replace weight L (body angle right)

5,6,7 Keep body angle right stomp R next to L, swivel heels right, swivel toes right

8 Swivel R heel turning ¼ left hitching L knee up slightly (facing FLOD)

Hands:

Count 3: release mans right, ladies left Count 6: pick them back up

Count 8: release mans left, ladies right

[17-24] STEP, LOCK, STEP, BRUSH, STEP ½ PIVOT, STEP ¼ PIVOT

1,2,3,4 Step fwd L, cross locking R behind L, step fwd L, brush R fwd

5,6,7,8 Step fwd R, pivot ½ left weight on L, step fwd R, pivot ¼ left weight on L (facing OLOD)

Hands: Count 6: release mans right, ladies left

[25-32] TWO STRUTS, ROCK, REPLACE, STEP, HOLD (LADY ½ TURN RIGHT ON 7)

1,2,3,4 Touch R toe fwd, drop R heel, touch L toe fwd, drop L heel

5,6,7,8 Rock fwd R, replace weight back L, step back R, hold (Option w/out turn-ladies opposite)

5,6 Lady Rock back L, replace weight fwd R

7,8 Lady Turn ½ right stepping back L to mans left side, hold (lady now facing OLOD)

Hands: Count 1: pick up both hands (2 hand hold) Count 7: mans right, ladies left over ladies head

[33-40] ROCK, REPLACE, STEP, HOLD, ROCK, REPLACE, STEP, HOLD (LADY ½ TURN ON 3)

1,2,3,4 Rock back L catching lady in left arm, replace weight R turning lady out, step fwd L, hold

1,2 Lady Rock back R into mans left arm, replace weight fwd L

3,4 Lady Turn ½ left stepping fwd R, hold (lady now facing ILOD)

5,6,7,8 Rock fwd R, replace weight L, step R next to L, hold

Hands: Count 3: mans right, ladies left over ladies head

[41-48] STRUT SIDE, CROSS STRUT, ROCK SIDE, REPLACE ¼ TURN, SHUFFLE FWD

1,2,3,4 Touch L toe side, drop L heel, cross R toe over L, drop R heel

5,6 Rock side L, replace weight R turning ¼ right (to face BLOD)

7&8& Step fwd L, Step R next to L, step fwd L, turn ¼ left on L to face partner (facing OLOD)

Hands: Count 6: release mans right, ladies left last & count: pick up mans right, ladies left