

Breezy

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Lynne Martino (USA) - January 2020
音樂: Nothin' but a Breeze - Jimmy Buffett : (Amazon mp3)



Start on Vocals

[1-8] 2 WALKS, SHUFFLE, STEP, 1/4, CROSS, STEP

1-2 Walk forward R,L (1,2)
3&4 Shuffle forward R,L,R (3&4)
5,6 Step forward L and pivot ¼ turn right putting weight on R (5,6)
7,8 Cross L over R (7), step R to right (8)

[9-16] STEP BEHIND, POINT, CROSS, POINT, CROSS ROCK, RECOVER, ¼ SHUFFLE

1-4 Step L behind R (1), point R to right side (2), cross R over L (3), point L to left (4)
5,6 Cross rock L over R (5), recover on R (6)
7&8 Making ¼ turn left shuffle forward L,R,L (7&8)

[17-24] 2 SWAYS, HIP BUMPS, CROSS ROCK, RECOVER, ¼ SHUFFLE

1,2 Sway hips R,L, (1,2)
3&4 Bump R hip (3), bump L hip (&), bump R hip (4)
5,6 Cross L over R (5), recover on R (6)
7&8 Making ¼ turn left, shuffle forward L,R,L (7&8)

[25-32] STEP, ¼ HIP ROLL, STEP, ¼ HIP ROLL, ROCK, RECOVER, BALL, HEEL, STEP, TOUCH

1-4 Step R forward (1) and roll hip ¼ left ending with weight on L (2), Repeat (3,4)
5,6&7&8 Rock R forward (5), recover on L (6), step on ball of R to the right (&) tap L heel forward (7),
step back on L (&), touch R next to L (8)

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