# Hold Me



拍數: 64 牆數: 2 級數: Intermediate

編舞者: Paul Worthington (UK) - March 2020

音樂: Hold Me - B A Robertson & Maggie Bell : (iTunes)



# Start on main vocals - No Tags Or Restarts

1-2 Step forward on right, Step left behind right.

3&4 Step forward on right, step left behind right. Step forward on right.

5-6 Rock forward on left. Recover onto right.

7&8 Step back on left. Step right next to left. Step forward on left. (12)

#### Section 2: Step, Pivot ¼ Turn Left, Cross Shuffle, ½ Turn, Jazz Box

1-2 Step forward on right. Pivot ¼ turn left, (9)

3&4 Cross right over left. Step left to left side, Cross right over left.

5-6 Make ¼ turn right (stepping back on left). Make ¼ turn right (stepping right to right. (3)

7&8 Cross left over right. Step back on right. Step left to left side.

# Section 3: Cross, Side, Behind, Side, Cross. Rock, Recover, Behind 1/4 Step, Step.

1-2 Cross right over left. Step left to left side.

3&4 Step right behind left. Step left to left side. Cross right over left.

5-6 Rock left to side. Recover onto right.

7&8 Step left behind right. Make ¼ turn right (stepping forward on right). Step forward left. (6)

#### Section 4: Step. ½ Turn. Chasse ¼ Turn. Cross Rock, Recover, Coaster Step

1-2 Step right foot forward. Make ½ turn right (stepping back on left). (12)

3&4 Chasse ¼ turn right (stepping right to right side, Step left beside right. Step right to right side)

(3)

5-6 Cross rock left over right. Recover onto right foot

7&8 Step back on left. Step right next to left, Step forward on left.

# Section 5: Step, Turn. Shuffle. Rock Recover. Coaster Cross

1-2 Step forward on right. Pivot ½ turn left. (9)

3&4 Step forward on right, close left beside right, step forward on right

5-6 Rock forward on left. Recover on right

7&8 Step back on left, step right next to left, cross step left over right

#### Section 6: Side. Close. Side Close Forward. Side, Close, Side Close Forward.

1-2 Step to side on right, close left next to right.

3&4 Step right to side, close left next to right, Step forward on right

5-6 Step to side on left, close right next to left

7&8 Step left to side, Close right next to left, Step forward left.

# Section 7: Rock. Recover. Full Triple Turn. Step 1/4 Pivot. Cross Shuffle

1-2 Rock forward on right, recover onto left.

Full triple turn to right (stepping right, left, right)

Step forward on left, pivot ¼ turn right. (12)

7&8 Cross left over right, step to side on right, cross left over right

#### Section 8: Side, Close. Shuffle Forward. Rock, Recover. Shuffle Turn

1-2 Step right to right side, close left beside right

3&4 Step forward on right, step left next to right, step forward on right.

5-6 Rock forward on left, recover on right.

7&8 Shuffle ½ turn left (stepping left, right, left) (6)

End of dance. Start again and enjoy