

# Hold Me

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Paul Worthington (UK) - March 2020  
音樂: Hold Me - B A Robertson & Maggie Bell : (iTunes)



## Start on main vocals - No Tags Or Restarts

### Section 1: Step Lock, Step Lock Step, Rock, Recover, Coaster Step

1-2            Step forward on right, Step left behind right.  
3&4           Step forward on right, step left behind right. Step forward on right.  
5-6           Rock forward on left. Recover onto right.  
7&8           Step back on left. Step right next to left. Step forward on left. (12)

### Section 2: Step, Pivot ¼ Turn Left, Cross Shuffle, ½ Turn, Jazz Box

1-2            Step forward on right. Pivot ¼ turn left, (9)  
3&4            Cross right over left. Step left to left side, Cross right over left.  
5-6            Make ¼ turn right (stepping back on left). Make ¼ turn right (stepping right to right). (3)  
7&8            Cross left over right. Step back on right. Step left to left side.

### Section 3: Cross, Side, Behind, Side, Cross. Rock, Recover, Behind ¼ Step, Step.

1-2            Cross right over left. Step left to left side.  
3&4            Step right behind left. Step left to left side. Cross right over left.  
5-6            Rock left to side. Recover onto right.  
7&8            Step left behind right. Make ¼ turn right (stepping forward on right). Step forward left. (6)

### Section 4: Step. ½ Turn. Chasse ¼ Turn. Cross Rock, Recover, Coaster Step

1-2            Step right foot forward. Make ½ turn right (stepping back on left). (12)  
3&4            Chasse ¼ turn right (stepping right to right side, Step left beside right. Step right to right side)  
(3)  
5-6            Cross rock left over right. Recover onto right foot  
7&8            Step back on left. Step right next to left, Step forward on left.

### Section 5: Step, Turn. Shuffle. Rock Recover. Coaster Cross

1-2            Step forward on right. Pivot ½ turn left. (9)  
3&4            Step forward on right, close left beside right, step forward on right  
5-6            Rock forward on left. Recover on right  
7&8            Step back on left, step right next to left, cross step left over right

### Section 6: Side. Close. Side Close Forward. Side, Close, Side Close Forward.

1-2            Step to side on right, close left next to right.  
3&4            Step right to side, close left next to right, Step forward on right  
5-6            Step to side on left, close right next to left  
7&8            Step left to side, Close right next to left, Step forward left.

### Section 7: Rock. Recover. Full Triple Turn. Step ¼ Pivot. Cross Shuffle

1-2            Rock forward on right, recover onto left.  
3&4            Full triple turn to right (stepping right, left, right)  
5-6            Step forward on left, pivot ¼ turn right. (12)  
7&8            Cross left over right, step to side on right, cross left over right

### Section 8: Side, Close. Shuffle Forward. Rock, Recover. Shuffle Turn

1-2            Step right to right side, close left beside right  
3&4            Step forward on right, step left next to right, step forward on right.

5-6 Rock forward on left, recover on right.  
7&8 Shuffle ½ turn left (stepping left, right, left) (6)

**End of dance. Start again and enjoy**

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