Is Anybody Out There

拍數: 32   牆數: 4   級數: Intermediate NC2S

編舞者: Sheila Pfaff (USA) - January 2020

音樂: Anybody out There - Ac Thomas : (Album: Paradox - iTunes, Spotify)

Intro: 16 counts
Tag: Dance once on wall 2 after 24 counts. Restart dance.

[1-8] NIGHTCLUB BASIC R, TURN 1/4 L, FORWARD R, L, R, BACK L, R, BACK & SWEEP, TURN 1/4 R, STEP BEHIND, SIDE

1	Step R to right side (1)
2&3	Rock L back (2), step R slightly over L (&), make 1/4 turn left stepping L forward {9:00} (3)
4&5	Step R forward (4), step L forward (&), step R forward & lean forward swinging R arm around the side and reaching forward and up (5)
6&7	Step L back (5), step R back (&), step L back sweeping R back (6) (slowly bring right arm in toward chest during these steps)
8&	Make 1/4 turn right stepping R behind L (8), step L to left side {12:00} (&) (Drop arm)

[9-16] SKATE, SKATE, RUN R, L, R, L MAKING 1/2 CIRCLE R (ARMS OUT, PALMS UP), TURN 1/8 R & ROCK FORWARDTOWARD CORNER, RECOVER, 1/4 TURN L STEPPING BEHIND-SIDE-CROSS, STEP FORWARD INTO CORNER

1,2	Sweep R forward stepping slightly to right side (1), sweep L forward stepping slightly to left side (2)
3&4&	Making 1/2 circle right stepping R (3), L (&), R (4), L (&) angling toward right corner {7:00} (while making 1/2 circle, arms out to side waist high with palms up)
5,6	Finish 1/8 turn right into corner stepping R forward {7:30} (5), recover weight L (6)
7&8&	Step R behind L (7), make 1/8 turn left stepping L to left side, {6:00} (&), make 1/8 turn left crossing R over L {4:30} (8), step L forward toward corner

[17-24] ROCK FORWARD & SIDE & MAKE 1/4 TURN L STEPPING BEHIND-SIDE-FORWARD TO CORNER, ROCK FORWARD, RECOVER, MAKE 1/4 TURN L STEPPING SIDE-TOGETHER-SIDE TO CORNER

1&2&	Rock R forward {still at 4:30} (1), recover weight L (&), rock R to right side (2), recover weight L (&) (still facing corner)
3&4	Step R behind L (3), make 1/8 turn left stepping L to left side, {3:00} (&), make 1/8 turn left stepping R forward {1:30} (4)
5,6	Rock L to forward (5), recover weight R (6)
7&8	Make 1/8 turn left stepping L to left side {12:00} (7), step R beside L (&), make 1/8 turn left stepping L to left side {10:30} (8)

(On wall 2, dance Tag here and then restart dance.)

[25-32] ROCK FORWARD TOWARD CORNER, RECOVER, 1/2 TURN R, FULL TURN R, ROCK FORWARD, RECOVER, STEP BACK, BACK, TURN 1/8 L STEPPING BACK, ROCK L SIDE

1&2	Rock R forward (1), recover weight L (&), make 1/2 turn right stepping R forward {4:30} (2),
3&4	Make 1/2 turn right stepping L back {10:30} (3), make 1/2 turn right stepping R forward {4:30} (&), step L forward (4)
5&6	Rock R forward (5), recover weight L (&), step R back (6)
7,8&	Step L back (7), turn 1/8 left stepping R back {3:00} (8), rock L to left side (&)

Tag, 32 counts
[1–8] TURN 1/8 L, SIDE STEP, BOUNCE HEELS TWICE, SIDE STEP, BOUNCE HEELS TWICE, FORWARD, BOUNCE, FORWARD, BOUNCE, FORWARD, BOUNCE, FORWARD BOUNCE

1,2&	Turn 1/8 left {12:00} & step R to right side (1), step L beside R while bouncing heels (2), bounce heels (&)

3,4&	Step L to left side (3), step R beside L while bouncing heels (4), bounce heels (&)
5&	Step R forward on a slight diagonal right (5), step L beside R and bounce heels (&)
6&	Step L forward on a slight diagonal left (6), step R beside L and bounce heels (&)
7&	Step R forward on a slight diagonal right (7), step L beside R and bounce heels (&)
8&	Step L forward on a slight diagonal left (8), step R beside L and bounce heels (&)

[9-16] BACK, LOCK, BACK, BACK, LOCK, BACK, ROCK BACK, RECOVER, SLOWLY TURN 1/4 R WITH POINTS SIDE TO SIDE REPEATED

1&2	Step R back (1), lock L over R (&), step R back (2)
&3&4&	Step L back (&), lock R over L (3), step L back (&), rock R back (4), recover weight L(&)
5a&a6	Point R to right side (5), step R beside L (a), turn 1/8 right pointing L to left side {1:30} (&), step L beside R (&), point R to right side (6)
a7a&a8	Step R beside L (a), point L to left side (7), turn 1/8 right stepping L beside R {3:00} (a), point R to right side (&) step R beside L (a), point L to left side (8)

[17-24] SIDE STEP, BOUNCE HEELS TWICE, SIDE STEP, BOUNCE HEELS TWICE, FORWARD, BOUNCE, FORWARD, BOUNCE, FORWARD, BOUNCE, FORWARD BOUNCE

1,2&	Step L to left side (1), step R beside L while bouncing heels (2), bounce heels (&)
3,4&	Step R to right side (3), step L beside R while bouncing heels (4), bounce heels (&)
5&	Step L forward on a slight diagonal left (5), step R beside L and bounce heels (&)
6&	Step R forward on a slight diagonal right (6), step L beside R and bounce heels (&)
7&	Step L forward on a slight diagonal left (7), step R beside L and bounce heels (&)
8&	Step R forward on a slight diagonal right (8), step L beside R and bounce heels (&)

[25-32] BACK, LOCK, BACK, BACK, LOCK, BACK, ROCK BACK, RECOVER, SLOWLY TURN 1/4 R WITH POINTS SIDE TO SIDE REPEATED

1&2	Step L back (1), lock R over L (&), step L back (2)
&3&4&	Step R back (&), lock L over R (3), step R back (&), rock L back (4), recover weight R(&)
5a&a6	Point L to left side (5), step L beside R (a), turn 1/8 right pointing R to right side {4:30} (&),step R beside L (&), point L to left side (6),
a7a&a8	Step L beside R (a), point R to right side (7), turn 1/8 right stepping R beside L {6:00} (a), point L to left side (&), step L beside R (a), point R to right side (8)

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