

# Lips Are Movin

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Tess van Zuydam (UK) - March 2020  
音樂: Lips Are Movin - Meghan Trainor



Dance begins after 16 count intro

## Section 1: (1-8) Step touches and chassis

1 2      Step right to right side, touch left to right,  
3 4      Step left to left side, touch right to left  
5 6      Step right to right side, touch left to right  
7 8      Step right to right side, touch left to right

## Section 2: (9-16) Step touches and chassis

1 2      Step left to left side, touch right to left  
3 4      Step right to right side , touch left to right  
5 6      Step left to left side ,touch right to left  
7 8      Step left to left side , touch right to left

## Section 3: (17-24) Monterey turn and Shuffles

1 2      Point the right toe out to right side, turn a  $\frac{1}{4}$  to the right while bringing the right foot back to left  
3 4      Point left toe out to left side and bring back beside right  
5&6      Step forward right, Step left next to right (&), step forward right  
7&8      Step forward left, step right next to left (&), step forward left

## Section 4: (25-32) Squish the bug and coaster steps X 2

1&2      Step forward on the right onto your toe, swivel heel out to the right and back in  
3&4      Step back on the right, Step left next to right, step forward on the right  
5&6      Step forward on the left onto your toe, swivel heel out to the left and back in  
7&8      Step back on the left, step right next to left, step forward on left

The dance ends facing the start wall after 3 revolutions. To finish, dance up to the coaster step at the end of section 4 and then point the left toe out in front but don't squish the bug because that's the last beat!

ENJOY!