

Joget Sipinang Muda

拍數: 56 牆數: 4 級數: Phrased Improver
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音樂: Joget Sipinang Muda – Noraniza Idris & Sulaiman Yassin



Seq: A (24), Restart A, A, Tag, B, A (24), Restart A, A Tag, B, A (24), Restart A, A Tag, B (16) Ending

Intro: 24 counts

A – 32 counts

S1. WALK FORWARD - CROSS ROCK – SIDE CHASSE

1-2-3-4 Walk forward R - L - R - L
5 - 6 Cross R over left - recover on L
7 & 8 Step R to side - step L close beside R - step R to side

S2. CROSS ROCK – SIDE CHASSE – WALK BACK

1 - 2 Cross L over R - recover on R
3 & 4 Step L to side - step R close beside L, step L to side
5- 6-7-8 Walk backward R – L – R – L

S3. CROSS - SIDE - CROSS – TOUCH 2x

1-2-3-4 Step R over L - L to side - step R over L – touch L to side
5-6-7-8 Step L over R – R to side – step L over R – touch R to side

S4. JAZZ BOX ¼ RIGHT , FORWARD TOUCH – BACK TOUCH

1-2-3-4 Step R cross over L – turn ¼ to R step L back – step R to side – cross L over R
5-6-6-7 Step R forward - touch L forward – Step L back – touch R back

Optional :

5-6-7-8 Touch R forward – step back R – touch L back – Step L forward

B – 24 counts

S1. HEEL – TOE – ¼ TURN R

1-2-3-4 Touch R heel out – touch R toe in – touch R heel out – touch R beside L
5-6-7-8 Step R forward – step L beside R – turn ¼ to right step R to side – touch L beside R

S2. HEEL – TOE – ¼ TURN L

1 - 2 – 3 - 4 Touch L heel out – touch L toe in – touch L heel out – touch L beside R
5-6-7-8 Step L forward – step R beside L – turn ¼ to left step L to side – touch R beside L

S3. FULL TURN

1 – 2 Step R forward – ¼ turn to right step L forward
3 & 4 ¼ turn to right step R forward – step L beside R – step R forward
5 – 6 Step L forward – ¼ turn to right step R forward
7 & 8 ¼ turn to right step L forward – step R beside L – step L forward

TAG 4 COUNTS

SWAYS

1-2-3-4 Step R to side sway to right – sway to left – sway to right – sway to left

ENDING : Sequence B, dance until 14 counts, 7 – 8 : turn ¾ to left step L forward – close R beside L – ending pose (12.00)

Happy Dancing always..

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